WaveCrest Café Supper Meals

November 2026

Students will receive a supper meal kit providing 1/2 cup vegetable 1/4 cup of fruit, 8 oz milk (1% white milk or nonfat chocolate milk), 1 oz whole grain, and 2 oz protein.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 2 - 6	Honey Belly Bears PB Cup Sunflower Seeds Dried Cranberries Paradise Punch Milk	Cheese Dip Pretzel Bites Sunflower Seeds Mixed Berry Fruit Cup Celery Milk	PB Uncrustable (Grape) Turkey Cheese Stick Peach Cup Cucumbers Milk	Ham & Cheese Sub Apple Slices Carrots Milk	Banana Bread Vanilla Greek Yogurt Sunflower Seeds Raisins Paradise Punch Milk
November 9 - 13	PB Cup Pretzels Sunflower Seeds Dried Cranberries Paradise Punch Milk	Mini Pancake Bites 4oz Yogurt String Cheese Apple Sauce Celery Milk	NO SCHOOL VETERANS DAY	Lemon Bread Roasted Ranch Chickpeas Cheddar Cheese Cubes Apple Slices Carrots Milk	French Toast Mini's Chocolate Chickpea Spread String Cheese Raisins Paradise Punch Milk
November 16 - 20	Honey Belly Bears PB Cup Sunflower Seeds Dried Cranberries Paradise Punch Milk	Cheese Dip Pretzel Bites Sunflower Seeds Frozen Mixed Berry Cup Celery Milk	PB Uncrustable (Grape) Turkey Cheese Stick Apricot Cup Cucumbers Milk	Ham & Cheese Sub Apple Slices Carrots Milk	Banana Bread Vanilla Greek Yogurt Sunflower Seeds Apple Sauce Cups Paradise Punch Milk
November 23 - 27	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break
November 30	Tuna Cup Wheat Crackers Dried Cranberries Paradise Punch Milk	December	December	December	December

Menu subject to change.

Questions? Please contact us at (760) 726-2170 x92400

This institution is an equal opportunity provider.

CONTAINS PEANUTS

CONTAINS TREE NUTS

www.wavecrestcafe.com

Updated 11/13/26 AH