WaveCrest Café Supper Meals

December 2026

Students will receive a supper meal kit providing 1/2 cup vegetable 1/4 cup of fruit, 8 oz milk (1% white milk or nonfat chocolate milk), 1 oz whole grain, and 2 oz protein.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 1 - 4	**November**	Educational Graham Crackers Smokehouse Chicken Stick String Cheese Orange Carrots Milk	Lemon Honey Bread 4oz Yogurt Sunflower Seeds Apricot Fruit Cup Cherry Tomatoes Milk	Uncrustable PBJ (Grape) Colby Jack Cheese Stick Apple Slices Celery Milk	Tortilla Chips Cheddar Cheese Cup Smokehouse Chicken Stick Dried Cranberries Paradise Punch Milk
December 7 - 11	Zucchini Bread 4oz Yogurt Sunflower Seeds Apple Sauce Paradise Punch Milk	Pretzels Bites Cheddar Cheese Cup Roasted Ranch Chickpeas Orange Carrots Milk	Wheat Crackers PB Cup Colby Jack Cheese Stick Apricot Fruit Cup Cherry Tomatoes Milk	Turkey and Cheese Sub Apple Slices Celery Milk	Cinnamon Mini Bagels Chocolate Chickpea Spread String Cheese Dried Cranberries Paradise Punch Milk
December 14 - 18	PB Cup Hard Pretzels Sunflower Seeds Apple Sauce Paradise Punch Milk	Educational Graham Crackers Smokehouse Chicken Stick String Cheese Orange Carrots Milk	Lemon Honey Bread 4oz Yogurt Sunflower Seeds Apricot Fruit Cup Cherry Tomatoes Milk	Uncrustable PBJ (Grape) Colby Jack Cheese Stick Apple Slices Celery Milk	Tortilla Chips Cheddar Cheese Cup Smokehouse Chicken Stick Dried Cranberries Paradise Punch Milk
December 21 - 25	**Winter Break**	**Winter Break**	**Winter Break**	**Winter Break**	**Winter Break**
December 28 - 30	**Winter Break**	**Winter Break**	**Winter Break**	**Winter Break**	**Winter Break**

Menu subject to change.

Questions? Please contact us at (760) 726-2170 x92400

This institution is an equal opportunity provider.

CONTAINS PEANUTS

www.wavecrestcafe.com

CONTAINS TREE NUTS

Updated 11/19/26 AH