

Week One

8/12, 8/31, 9/21, 10/12, 11/2, 11/30

Monday



Breakfast Burrito (Bacon, Egg, Cheese)
OR Benefit Bar

Tuesday



Ham and Cheese Croissant
OR Pan Dulce

Wednesday



Breakfast Protein Box
OR Cinnamon Roll

Thursday



Orchard Crunch Parfait
OR Pizza Toast

Friday



Waffles with Scrambled Eggs
OR Bagel & Cream Cheese

Week Two

8/17, 9/7, 9/28, 10/19, 11/9, 12/7

Monday



Egg, Cheese, and Hash Brown Burrito
OR Benfit Bar

Tuesday



Pumpkin Bread
OR Pan Dulce

Wednesday



Breakfast Tamale
OR Cinnamon Roll

Thursday



Pizza Toast
OR Mini Cinnamon Bites

Friday



Waffle Bacon Melt
OR Bagel & Cream Cheese

Week Three

8/24, 9/14, 10/5, 10/26, 11/16, 12/14

Monday



Sausage, Egg & Hashbrown Burrito
OR Benefit Bar

Tuesday



Egg and Cheese Breakfast Tacos
OR Pan Dulce

Wednesday



Egg and Cheese Stuffed Hashbrowns
OR Cinnamon Roll

Thursday



Pizza Toast
OR Strawberry Croissant

Friday



Waffles with Sausage
OR Bagel & Cream Cheese



Don't Forget The Fruits & Veggies

Every meal is served with a selection of fresh, seasonal fruits & veggies. Many are from local, California farms. Enjoy!

Breakfast
Fuels
Learning!

It helps improve memory, problem-solving, and concentration skills essential to learning.

Join us for breakfast daily.



This institution is an equal opportunity provider.
Esta institución es un proveedor de igualdad de oportunidades.
Menu subject to change.
El menú está sujeto a cambios.

For nutrition information, scan the QR code.

For More Information:
Child Nutrition Services
(760) 726-2170 x 92400
info@wavecrestcafe.com
www.WaveCrestCafe.com



Week One

8/12, 8/31, 9/21, 10/12, 11/2, 11/30

Monday



✓ Crispy Chicken BLT Sando, Vegetarian "Chicken" Sando

Tuesday



California Sushi Bowl

Wednesday



✓ Chicken Alfredo OR Alfredo Pasta with No Chicken

Thursday



Teriyaki Chicken with Rice

Friday



Barbacoa Tacos



✓ WaveCrest Pizza



✓ Mac and Cheese



✓ Pizza Crunchers



✓ Veggie Fried Rice or WaveCrest Pizza



✓ Bean, Cheese, and Rice Burrito

Week Two

8/17, 9/7, 9/28, 10/19, 11/9, 12/7

Monday



✓ Yogurt Parfait

Tuesday



✓ Hamburger, Cheeseburger, or Veggie Griller Burger

Wednesday



Hot Italian Sandwich

Thursday



Orange Chicken with Rice

Friday



Beef Tamale



✓ WaveCrest Pizza



✓ Soft Pretzel and Cheese



✓ Pizza Crunchers



✓ Vegetarian Orange "Chicken" with Rice or WaveCrest Pizza



✓ Cheese Quesadilla or WaveCrest Pizza

Week Three

8/24, 9/14, 10/5, 10/26, 11/16, 12/14

Monday



Brunch For Lunch: Loaded Breakfast Sandwich

Tuesday



BBQ Pulled Pork Mac and Cheese

Wednesday



✓ Chicken Parmesan Sando OR Vegetarian "Chicken" Parm Sando

Thursday



Chicken Katsu with Rice

Friday



Chicken Chipotle Bowl



✓ WaveCrest Pizza



✓ Mac and Cheese



✓ Pizza Crunchers



✓ Veggie Fried Rice or WaveCrest Pizza



✓ Bean, Cheese, and Rice Burrito

CHOICES

Available Daily:

- Chicken Harvest Salad
- Vegetarian Chicken Harvest Salad
- Large PB& J Sandwich
- Hummus Protein Power Box
- Turkey Sub Sandwich
- Bento Box

Build Your Perfect Plate!

Fresh food from local California farms with every meal.



PIZZA CHOICES

Pepperoni, Cheese, Meat Lovers



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