

WaveCrest Café Supper Meals

May/June 2026

Students will receive a supper meal kit providing 1/2 cup vegetable 1/4 cup of fruit, 8 oz milk (1% white milk or nonfat chocolate milk), 1 oz whole grain, and 2 oz protein.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April - May 1	April	April	April	April	PB Cup Roasted Ranch Chickpeas Pretzels Raisins Paradise Punch Milk
May 4 - 8	Cinnamon Graham Crackers PB Cup Sunflower Seeds Dried Cherries Paradise Punch Milk	Seeds Yogurt Mini Blueberry Muffin Apple Sauce Cups Celery Milk	PB & J String Cheese Raisins Carrots Milk	Cinnamon Graham Crackers Sunflower Seeds Pineapple Mango Smoothie Cranberries Cucumbers Milk	Pretzels String Cheese Sunflower Seeds Apple Slices Paradise Punch Milk
May 11 - 15	Pretzels PB Cup Sunflower Seeds Dried Cherries Paradise Punch Milk	Turkey Stick Sunflower Seeds Cheez Its Apple Sauce Cups Celery Milk	PB & J String Cheese Apple Slices Carrots Milk	Ham and Cheese Sub Orange Cucumbers Milk	Bagel Dots Sunflower Seeds String Cheese Raisins Paradise Punch Milk
May 18 - 22	Cinnamon Graham Crackers PB Cup Sunflower Seeds Dried Cherries Paradise Punch Milk	Seeds Yogurt Mini Blueberry Muffin Apple Sauce Cups Celery Milk	Ham and Cheese Sub Apple Slices Carrots Milk	Strawberry Graham Crackers Sunflower Seeds Pineapple Mango Smoothie Cranberries Cucumbers Milk	Pretzels String Cheese Sunflower Seeds Raisins Paradise Punch Milk
May 25 - 29	No School	Turkey Stick Sunflower Seeds Blueberry Vanilla Graham Crackers Apple Sauce Cups Celery Milk	PB & J String Cheese Apple Slices Carrots Milk	Ham and Cheese Sub Orange Cucumbers Milk	Bagel Dots Sunflower Seeds String Cheese Raisins Paradise Punch Milk
June 1 - 4	Pretzels PB Cup Sunflower Seeds Dried Cherries Paradise Punch Milk	Seeds Yogurt Mini Blueberry Muffin Apple Sauce Cups Celery Milk	PB & J String Cheese Apple Slices Carrots Milk	Strawberry Graham Crackers Sunflower Seeds Pineapple Mango Smoothie Cranberries Cucumbers Milk	No School

If meal counts are higher than expected, backup meals will be offered.

Menu subject to change.

This institution is an equal opportunity provider.

CONTAINS TREENUTS

WGR = WHOLE GRAIN RICH

CONTAINS PEANUTS

Questions? Please contact us at (760) 726-2170 x92400

www.wavecrestcafe.com

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