

## Week One

1/7, 1/26, 2/23, 3/16, 4/13, 5/4, 5/25

### Monday



Breakfast Burrito  
(Egg, cheese, hash brown)  
OR Benefit Bar

### Tuesday



Biscuits and Gravy OR  
Pan Dulce

### Wednesday



Omelet with Stuffed Hash Brown  
Patty OR Cinnamon Roll

### Thursday



Pizza Toast OR  
Yogurt Parfait

### Friday



Ham & Cheese Croissant OR  
Bagel & Cream Cheese

## Week Two

1/12, 2/2, 3/2, 3/23, 4/20, 5/11, 6/1

### Monday



Sausage and Cheese Burrito OR  
Campfire Crunch Bar

### Tuesday



French Toast with Sausage Links  
OR Pan Dulce

### Wednesday



Bacon & Cheese Egg Bites  
with Hash Brown Patty OR  
Cinnamon Roll

### Thursday



Blueberry Lemon Bread OR  
Pizza Toast

### Friday



Pepperoni and Cheese Croissant OR  
Bagel & Cream Cheese

## Week Three

1/19, 2/9, 3/9, 4/6, 4/27, 5/18

### Monday



Bacon, Egg & Cheese Burrito OR  
Benefit Bar

### Tuesday



Bacon, Egg, and Cheese Biscuit  
OR Pan Dulce

### Wednesday



French Toast with Hash Brown Patty  
OR Cinnamon Roll

### Thursday



Pizza Toast with Bagel OR  
Yogurt Parfait

### Friday



Turkey Sausage and Cheese Croissant  
OR Bagel & Cream Cheese



## Don't Forget The Fruits & Veggies

Every meal is served with a selection of fresh, seasonal fruits & veggies. Many are from local, California farms. Enjoy!

**Breakfast  
Fuels  
Learning!**

It helps improve memory, problem-solving, and concentration skills essential to learning.

Join us for breakfast daily.



This institution is an equal opportunity provider.  
Esta institución es un proveedor de igualdad de oportunidades.  
Menu subject to change.  
El menú está sujeto a cambios.  
For nutrition information, scan the QR code.

For More Information:  
Child Nutrition Services  
(760) 726-2170 x 92400  
info@wavecrestcafe.com  
www.WaveCrestCafe.com



## Week One

1/7, 1/26, 2/23, 3/16, 4/13, 5/4, 5/25

### Monday



Grilled Ham & Cheese Sandwich

### Tuesday



Corn Dog

### Wednesday



Cheesy Calzone

### Thursday



Teriyaki Chicken with Rice

### Friday



Surfside Fish Sandwich



WaveCrest Pizza



Oven Roasted Chicken Wings or Vegetarian Chicken Nuggets



Hamburger or Cheeseburger



Chicken Sandwich, Vegetarian Chicken Sandwich, or WaveCrest Pizza



Green Chili and Cheese Tamale

## Week Two

1/12, 2/2, 3/2, 3/23, 4/20, 5/11, 6/1

### Monday



Yogurt Parfait

### Tuesday



Vegetarian Chili and Tortilla Chips

### Wednesday



Chicken Parm Bowl

### Thursday



BBQ Korean Meatballs with Rice

### Friday



Carnitas Nachos



WaveCrest Pizza



Oven Roasted Chicken Wings



Hamburger, Cheeseburger, or Veggie Burger



Chicken Sandwich, Vegetarian Chicken Sandwich, or WaveCrest Pizza



Bean & Cheese Burrito

## Week Three

1/19, 2/9, 3/9, 4/6, 4/27, 5/18

### Monday



Charcuterie Box

### Tuesday



BBQ Rib Sando

### Wednesday



Pizza Crunchers

### Thursday



Orange Chicken with Rice

### Friday



Fish Tacos



WaveCrest Pizza



Oven Roasted Chicken Wings or Vegetarian Chicken Nuggets



Hamburger or Cheeseburger



Chicken Sandwich, Vegetarian Chicken Sandwich, or WaveCrest Pizza



Bean & Cheese Pupusa

## CHOICES

### Available Daily:

- Chicken BLT Salad
- Vegetarian BLT Salad
- Hummus Protein Power Box
- Bento Box
- Turkey & Cheese Sub Sandwich
- Large PB&J Sandwich

### Build Your Perfect Plate!

Fresh food from local California farms with every meal.



### PIZZA CHOICES

Pepperoni, Cheese, Veggie



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