

Spring 2026 Breakfast Menu

Middle and High Schools January 7 - June 4, 2026



Week One

1/7, 1/26, 2/23, 3/23, 4/20, 5/11, 6/1

Monday



Breakfast Burrito (Egg, cheese, hash brown) OR Benefit Bar

Tuesday



Biscuits and Gravy OR
Pan Dulce

Wednesday



Omelet with Stuffed Hash Brown
Patty OR Cinnamon Roll

Thursday



Pizza Toast OR Yogurt Parfait

Friday



Ham & Cheese Croissant OR Bagel & Cream Cheese

Week Two

1/12, 2/2, 3/2, 4/6, 4/27, 5/18

Monday



Sausage and Cheese Burrito OR
Campfire Crunch Bar

Tuesday



French Toast with Sausage Links
OR Pan Dulce

Wednesday



Bacon & Cheese Egg Bites with Hash Brown Patty OR Cinnamon Roll

Thursday



Blueberry Lemon Bread OR
Pizza Toast

Friday



Pepperoni and Cheese Croissant OR
Bagel & Cream Cheese

Week Three

1/19, 2/9, 3/9, 4/13, 5/4, 5/25

Monday



Bacon, Egg & Cheese Burrito OR
Benefit Bar

Tuesday



Bacon, Egg, and Cheese Biscuit
OR Pan Dulce

Wednesday



French Toast with Hash Brown Patty
OR Cinnamon Roll

Thursday



Pizza Toast with Bagel OR
Yogurt Parfait

Friday



Turkey Sausage and Cheese Croissant OR Bagel & Cream Cheese



Don't Forget The Fruits & Veggies

Every meal is served with a selection of fresh, seasonal fruits & veggies. Many are from local, California farms. Enjoy!

Breakfast Fuels Learning!

It helps improve memory, problem-solving, and concentration skills essential to learning.

Join us for breakfast daily.



This institution is an equal opportunity provider.
Esta institución es un proveedor de igualdad de oportunidades.
Menu subject to change.

El menú está sujeto a cambios.

For nutrition information, scan the QR code.

For More Information: Child Nutrition Services (760) 726-2170 x 92400 info@wavecrestcafe.com www.WaveCrestCafe.com









Alta Vista Lunch Menu

January 7 - June 4, 2026

Wednesday



Week One

1/7, 1/26, 2/23, 3/23, 4/20, 5/11, 6/1

Monday



Corn Dog



Tuesday

Grilled Ham & Cheese Sandwich



Cheesy Calzone





Teriyaki Chicken with Rice



Surfside Fish Sandwich



Oven Roasted Chicken Wings or Vegetarian Chicken Nuggets



WaveCrest Pizza



Hamburger or Cheeseburger



Chicken Sandwich, Vegetarian Chicken Sandwich, or WaveCrest Pizza



(Green Chili and Cheese Tamale

Week Two

1/12, 2/2, 3/2, 4/6, 4/27, 5/18

Monday



Wednesday



Chicken Parm Bowl

Thursday



BBQ Korean Meatballs with Rice

Friday



Carnitas Nachos



Vegetarian Chili and Tortilla Chips

Oven Roasted Chicken Wings



Yogurt Parfait

WaveCrest Pizza



Hamburger, Cheeseburger, or Veggie Burger



Chicken Sandwich, Vegetarian Chicken Sandwich, or WaveCrest Pizza



Bean & Cheese Burrito

Week Three

1/19, 2/9, 3/9, 4/13, 5/4, 5/25

Monday



BBQ Rib Sando



Tuesday

Charcuterie Box



Wednesday

Pizza Crunchers



Thursday



Fish Tacos



Oven Roasted Chicken Wings or Vegetarian Chicken Nuggets



Hamburger or Cheeseburger



Chicken Sandwich, Vegetarian Chicken Sandwich, or WaveCrest Pizza



Bean & Cheese Pupusa

Available Daily:

- Chicken BLT Salad
- · Vegetarian BLT Salad • Hummus Protein Power Box
- Bento Box
- Turkey & Cheese Sub Sandwich
- · Large PB&J Sandwich

Build Your Perfect Plate! Fresh food from local





PIZZA CHOICES Pepperoni, Cheese, 🗸 Veggie



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