

WaveCrest Café Supper Meals

December 2025

Students will receive a supper meal kit providing 1/2 cup vegetable 1/4 cup of fruit, 8 oz milk (1% white milk or nonfat chocolate milk), 1 oz whole grain, and 2 oz protein.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 1 - 5	PB Cup Seeds Maple Waffle Dried Cherries Paradise Punch Milk	Turkey and Cheese Sub Apple Slices Cherry Tomatoes Milk	Grape Smuckers Uncrustables PB&J (WGR) String Cheese Orange Carrots Milk	Yogurt Cheese Cubes Cinnamon Granola Bar Apple Cucumbers Milk	French Toast Minis Chocolate Chickpea Spread Cheese Cubes Raisins Paradise Punch Milk
December 8 - 12	String Cheese Seeds Cinnamon Granola Bar Dried Cherries Paradise Punch Milk	Ham and Cheese Sub Apple Slices Cherry Tomatoes Milk	Grape Smuckers Uncrustables PB&J (WGR) String Cheese Orange Carrots Milk	Cheese Cubes Seeds Maple Waffle Apple Cucumbers Milk	French Toast Minis Chocolate Chickpea Spread Cheese Cubes Raisins Paradise Punch Milk
December 15 - 19	PB Cup Seeds Maple Waffle Dried Cherries Paradise Punch Milk	Turkey and Cheese Sub Apple Slices Cherry Tomatoes Milk	Grape Smuckers Uncrustables PB&J (WGR) String Cheese Orange Carrots Milk	Yogurt Cheese Cubes Cinnamon Granola Bar Apple Cucumbers Milk	Tuna Cup Crackers Raisins Paradise Punch Milk
December 22 - 26	Christmas Break	Christmas Break	Christmas Break	Christmas Break	Christmas Break
December 29 - 31	Christmas Break	Christmas Break	Christmas Break	Christmas Break	Christmas Break