

Week One

8/13, 9/1, 9/22, 10/13, 11/3, 12/1

Monday



Mini Waffles with Sausage OR  
Breakfast Taquito

Tuesday



Ham & Cheese Burrito OR  
Cinnamon Roll

Wednesday



Breakfast Pocket (Turkey Sausage,  
Egg, Cheese) OR Pan Dulce

Thursday



Pizza Toast OR  
Yogurt Parfait

Friday



Ham & Cheese Croissant OR  
Bagel & Cream Cheese

Week Two

8/18, 9/8, 9/29, 10/20, 11/10, 12/8

Monday



Omelet with French Toast OR  
Benefit Bar

Tuesday



Sausage and Cheese Burrito OR  
Apple Cinnamon Muffin

Wednesday



Bacon & Cheese Egg Bites  
with Mini Pancakes OR Pan Dulce

Thursday



Yogurt Bento Box (Yogurt, Graham  
Crackers, Hard-Boiled Egg) OR Pizza Toast

Friday



Croissant with Egg, Bacon, Cheese OR  
Bagel & Cream Cheese

Week Three

8/25, 9/15, 10/6, 10/27, 11/17, 12/15

Monday



Sausage & Cheese Burrito OR  
Benefit Bar

Tuesday



Croissant Omelet OR  
Cinnamon Roll

Wednesday



Biscuit with Pork Sausage and  
Cheese OR Pumpkin Bread

Thursday



Pizza Toast with Bagel OR  
Yogurt Parfait

Friday



Ham and Cheese Croissant OR  
Bagel & Cream Cheese



Don't Forget The Fruits & Veggies

Every meal is served with a selection of fresh, seasonal fruits & veggies. Many are from local, California farms. Enjoy!

Breakfast  
Fuels  
Learning!

It helps improve memory, problem-solving, and  
concentration skills essential to learning.

Join us for breakfast daily.



This institution is an equal opportunity provider.  
Esta institución es un proveedor de igualdad de oportunidades.  
Menu subject to change.  
El menú está sujeto a cambios.

For nutrition information, scan the QR code.

For More Information:  
Child Nutrition Services  
(760) 726-2170 x 92400  
info@wavecrestcafe.com  
www.WaveCrestCafe.com





Week One

8/13, 9/1, 9/22, 10/13, 11/3, 12/1

Monday



Stuffed Pasta Shells

Tuesday



Nacho Bento Box

Wednesday



Build Your Own Parfait Bar

Thursday



Orange Chicken with Rice

Friday



Carnita Tacos



Corn Dog



Chicken Tenders or  
Vegetarian Chicken Nuggets



WaveCrest Pizza



Soft Pretzel & Cheese



Bean & Cheese Pupusa

Week Two

8/18, 9/8, 9/29, 10/20, 11/10, 12/8

Monday



Mac & Cheese

Tuesday



Bosco Sticks & Seeds

Wednesday



Chicken & Mini Maple Waffles

Thursday



Teriyaki Chicken with Rice

Friday



California Burrito



Corn Dog



Chicken Tenders or  
Vegetarian Chicken Nuggets



WaveCrest Pizza



Soft Pretzel & Cheese



Black Bean Taquitos

Week Three

8/25, 9/15, 10/6, 10/27, 11/17, 12/15

Monday



Pasta with Meat Sauce

Tuesday



Grilled Cheese

Wednesday



Turkey Cheese Croissant with  
Strawberry Yogurt

Thursday



Beef & Broccoli with Rice

Friday



Birria Pupusa



Corn Dog OR Plant-Based Hot Dog



Chicken Tenders or  
Vegetarian Chicken Nuggets



WaveCrest Pizza



Soft Pretzel & Cheese



Bean & Cheese Burrito

Build Your Perfect Plate!  
Fresh food from local  
California farms with every meal.



PIZZA CHOICES

Pepperoni, Cheese   
Sausage & Bacon



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