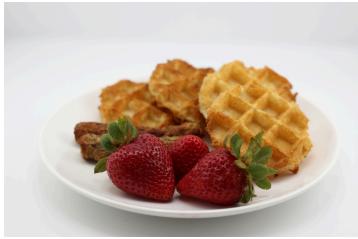


Week One

8/13, 9/1, 9/22, 10/13, 11/3, 12/1

Monday



Mini Waffles with Sausage OR
Breakfast Taquito

Tuesday



Ham & Cheese Burrito OR
Cinnamon Roll

Wednesday



Breakfast Pocket (Turkey Sausage,
Egg, Cheese) OR Pan Dulce

Thursday



Pizza Toast OR
Yogurt Parfait

Friday



Ham & Cheese Croissant OR
Bagel & Cream Cheese

Week Two

8/18, 9/8, 9/29, 10/20, 11/10, 12/8

Monday



Omelet with French Toast OR
Benefit Bar

Tuesday



Sausage and Cheese Burrito OR
Apple Cinnamon Muffin

Wednesday



Bacon & Cheese Egg Bites
with Mini Pancakes OR Pan Dulce

Thursday



Yogurt Bento Box (Yogurt, Graham
Crackers, Hard-Boiled Egg) OR Pizza Toast

Friday



Croissant with Egg, Bacon, Cheese OR
Bagel & Cream Cheese

Week Three

8/25, 9/15, 10/6, 10/27, 11/17, 12/15

Monday



Sausage & Cheese Burrito OR
Benefit Bar

Tuesday



Croissant Omelet OR
Cinnamon Roll

Wednesday



Biscuit with Pork Sausage and
Cheese OR Pumpkin Bread

Thursday



Pizza Toast with Bagel OR
Yogurt Parfait

Friday



Ham and Cheese Croissant OR
Bagel & Cream Cheese



Don't Forget The Fruits & Veggies

Every meal is served with a selection of fresh, seasonal fruits & veggies. Many are from local, California farms. Enjoy!

Breakfast
Fuels
Learning!

It helps improve memory, problem-solving, and
concentration skills essential to learning.

Join us for breakfast daily.



This institution is an equal opportunity provider.
Esta institución es un proveedor de igualdad de oportunidades.
Menu subject to change.
El menú está sujeto a cambios.

For nutrition information, scan the QR code.

For More Information:
Child Nutrition Services
(760) 726-2170 x 92400
info@wavecrestcafe.com
www.WaveCrestCafe.com



Week One

8/13, 9/1, 9/22, 10/13, 11/3, 12/1

Monday



Yogurt Parfait

Tuesday



Turkey Cheese Croissant with
Strawberry Yogurt

Wednesday



Stuffed Pasta Shells

Thursday



Orange Chicken with Rice

Friday



Carnita Tacos



Chicken Tenders (Reg. or Spicy) or
Vegetarian Chicken Nuggets



WaveCrest Pizza



Corn Dog



Soft Pretzel & Cheese or
WaveCrest Pizza



Bean & Cheese Pupusa

Week Two

8/18, 9/8, 9/29, 10/20, 11/10, 12/8

Monday



Nacho Bento Box

Tuesday



Chicken & Mini Maple Waffles

Wednesday



Buffalo Ranch Mac & Cheese
(Bacon Bits on the Side)

Thursday



Teriyaki Chicken with Rice

Friday



Birria Pupusa



Chicken Tenders (Reg. or Spicy) or
Vegetarian Chicken Nuggets



WaveCrest Pizza



Corn Dog



Soft Pretzel & Cheese or
WaveCrest Pizza



Bean & Cheese Burrito

Week Three

8/25, 9/15, 10/6, 10/27, 11/17, 12/15

Monday



Jalapeño Grilled Cheese

Tuesday



Buffalo Chicken Hand Pie

Wednesday



Pasta with Meat Sauce

Thursday



Beef & Broccoli with Rice

Friday



California Burrito



Chicken Tenders (Reg. or Spicy) or
Vegetarian Chicken Nuggets



WaveCrest Pizza



Corn Dog OR Plant-Based Hot Dog



Soft Pretzel & Cheese or
WaveCrest Pizza



Black Bean Taquitos

CHOICES

Available Daily:


- Chicken Taco Salad
- Vegetarian Taco Salad
- Hummus Protein Power Box
- Bento Box
- Ham & Cheese Sub Sandwich
- Large PB&J Sandwich

Build Your Perfect Plate!

Fresh food from local
California farms with every meal.



PIZZA CHOICES

Pepperoni, Cheese, ,
Sausage, Bacon, and
Jalapeño



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