

Week One

1/6, 1/27, 2/17, 3/10, 3/31, 4/21, 5/12, 6/2

Monday



Benefit Bar OR  
Sausage & Cheese Burrito

Tuesday



Ham & Cheese Biscuit OR  
Banana Bread Square

Wednesday



English Muffin with Pork Sausage  
Patty & Cheese OR Yogurt Box

Thursday



Bagel & Cream Cheese OR  
Breakfast Taco

Friday



Egg, Sausage Link, & Pancake Bites OR  
Blueberry Muffin

Week Two

1/13, 2/3, 2/24, 3/17, 4/7, 4/28, 5/19

Monday



Breakfast Taquito OR  
French Toast Sticks

Tuesday



Breakfast Quesadilla OR  
Pan Dulce

Wednesday



Breakfast Bento Box OR  
Bacon, Egg, & Cheese Croissant

Thursday



Yogurt Parfait OR  
Ham & Cheese Breakfast Burrito

Friday



Pizza Toast with Bagel OR  
Apple Fritter

Week Three

1/20, 2/10, 3/3, 3/24, 4/14, 5/5, 5/26

Monday



Sausage & Cheese Burrito OR  
Benefit Bar

Tuesday



Egg & Cheese Omelet with Sausage  
Links OR Breakfast Bento Box

Wednesday



Egg & Cheese Biscuit Sandwich OR  
Pan Dulce

Thursday



Pizza Toast with Bagel OR  
Yogurt Parfait

Friday



Pork Sausage, Egg & Cheese Croissant  
Sandwich OR Pancake Bites



Don't Forget The Fruits & Veggies

Every meal is served with a selection of fresh, seasonal fruits & veggies. Many are from local, California farms. Enjoy!

Breakfast  
Fuels  
Learning!

It helps improve memory, problem-solving, and concentration skills essential to learning.

Join us for breakfast daily.



This institution is an equal opportunity provider.  
Esta institución es un proveedor de igualdad de oportunidades.  
Menu subject to change.  
El menú está sujeto a cambios.  
For nutrition information, scan the QR code.

For More Information:  
Child Nutrition Services  
(760) 726-2170 x 92400  
info@wavecrestcafe.com  
www.WaveCrestCafe.com





Week One

1/6, 1/27, 2/17, 3/10, 3/31, 4/21, 5/12, 6/2

Monday



Yogurt Parfait with Seasonal Fruit

Tuesday



Vegetarian Burrito Bowl

Wednesday



Pizza Crunchers

Thursday



Teriyaki Chicken with Fried Rice

Friday



Fish Burrito



WaveCrest Pizza



Chicken Wings with Garlic Knot



Chicken Sandwich;  
Spicy Black Bean Burger



Vegetarian Dumpling OR  
WaveCrest Pizza



Cheese Enchilada

Week Two

1/13, 2/3, 2/24, 3/17, 4/7, 4/28, 5/19

Monday



Mediterranean Bento Box

Tuesday



Bean & Cheese Burrito

Wednesday



Tomato Soup with  
Cheese Calzone Dippers

Thursday



Whole Grain Chicken Egg Roll

Friday



Fish Tacos



WaveCrest Pizza



Chicken Wings with Garlic Knot



Chicken Sandwich;  
Spicy Black Bean Burger



Vegetarian Dumpling OR  
WaveCrest Pizza



Cheese Enchilada

Week Three

1/20, 2/10, 3/3, 3/24, 4/14, 5/5, 5/26

Monday



Bento Box

Tuesday



Ballpark Loaded Tater Tots  
with Cornbread Muffins

Wednesday



Meatball Bowl with Garlic Knot

Thursday



Orange Chicken with Fried Rice

Friday



Filet-O-Fish Sandwich



WaveCrest Pizza



Chicken Wings with Garlic Knot



Chicken Sandwich;  
Spicy Black Bean Burger



Vegetarian Dumpling OR  
WaveCrest Pizza



Cheese Enchilada

CHOICES

Available Daily:

- Chicken Caesar Salad
- Chickpea Caesar Salad
- Hummus Protein Power Box
- Bento Box
- Turkey & Cheese Sub Sandwich
- Large PB&J Sandwich

Build Your Perfect Plate!

Fresh food from local  
California farms with every meal.



PIZZA CHOICES

Pepperoni, Cheese  
Hawaiian



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