

# Spring 2025 Breakfast Menu

January 8 - June 4, 2025



#### **Week One**

1/6, 1/27, 2/17, 3/10, 3/31, 4/21, 5/12, 6/2

#### **Monday**



Benefit Bar OR
Sausage & Cheese Burrito

#### **Tuesday**



Ham & Cheese Biscuit OR

Banana Bread Square

#### Wednesday



English Muffin with Pork Sausage Patty & Cheese OR Yogurt Box

#### **Thursday**



Bagel & Cream Cheese OR
Breakfast Taco Crisp Up

#### **Friday**



Egg, Sausage Link, & Pancake Bites OR

Blueberry Muffin

#### Week Two

1/13, 2/3, 2/24, 3/17, 4/7, 4/28, 5/19

#### **Monday**



Breakfast Taquito OR French Toast Sticks

#### **Tuesday**



Breakfast Quesadilla OR
Pan Dulce

#### Wednesday



Breakfast Bento Box OR
Bacon, Egg, & Cheese Croissant

#### **Thursday**



Yogurt Parfait OR
Ham & Cheese Breakfast Burrito

#### **Friday**



Pizza Toast with Bagel OR

Apple Fritter

#### **Week Three**

1/20, 2/10, 3/3, 3/24, 4/14, 5/5, 5/26

#### **Monday**



Sausage & Cheese Burrito OR

Benefit Bar

#### Tuesday



Egg & Cheese Omelet with Sausage Links OR Breakfast Bento Box

#### Wednesday



Egg & Cheese Biscuit Sandwich OR
Pan Dulce

#### **Thursday**



Pizza Toast with Bagel OR

Yogurt Parfait

#### **Friday**



Pork Sausage, Egg & Cheese Croissant Sandwich OR Pancake Bites



# Don't Forget The Fruits & Veggies

Every meal is served with a selection of fresh, seasonal fruits & veggies. Many are from local, California farms. Enjoy!

Breakfast Fuels Learning!

It helps improve memory, problem-solving, and concentration skills essential to learning.

Join us for breakfast daily.



This institution is an equal opportunity provider.
Esta institución es un proveedor de igualdad de oportunidades.
Menu subject to change.

El menú está sujeto a cambios.

For nutrition information, scan the QR code.

For More Information: Child Nutrition Services (760) 726-2170 x 92400 info@wavecrestcafe.com www.WaveCrestCafe.com









# Vista Academy (VAPA) Lunch Menu

**January 8 - June 4, 2025** 

Wednesday



#### Week One

1/6, 1/27, 2/17, 3/10, 3/31, 4/21, 5/12, 6/2

#### **Monday**



Vegetarian Burrito Bowl



Teriyaki Chicken & Fried Rice



Build Your Own Parfait Bar



**Thursday** 

V Pizza Crunchers



**Friday** 

Fish Tacos



**Popcorn Chicken Bites** 



**Vegetarian Dumpling** 



WaveCrest Pizza



Chicken Sandwich; Spicy Black Bean Burger



Cheese Enchilada

**Week Two** 

1/13, 2/3, 2/24, 3/17, 4/7, 4/28, 5/19

### **Monday**



**Bean & Cheese Burrito** 

#### **Tuesday**



Whole Grain Chicken Egg Roll

Wednesday



**Mediterranean Bento Box** 





**Tomato Soup with Mini Cheese Calzone Dippers** 



**Friday** 

Fish Sticks



**Popcorn Chicken Bites** 



**Vegetarian Dumpling** 



WaveCrest Pizza



Chicken Sandwich; Spicy Black Bean Burger



Cheese Enchilada

**Friday** 

# **Week Three**

1/20, 2/10, 3/3, 3/24, 4/14, 5/5, 5/26

# **Monday**



(V) Ballpark Loaded Tater Tots



Popcorn Chicken Bites

# **Tuesday**



**Orange Chicken & Fried Rice** 



**Vegetarian Dumpling** 

## Wednesday



**Bento Box** 



WaveCrest Pizza

# **Thursday**



Meatball Bowl with Garlic Knot









**Chicken Sandwich;** Spicy Black Bean Burger



Cheese Enchilada

#### **Build Your Perfect Plate!**

Fresh food from local California farms with every meal.





**PIZZA CHOICES** Pepperoni, Cheese 🕜 Hawaiian



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