

## Week One

1/6, 1/27, 2/17, 3/10, 3/31, 4/21, 5/12, 6/2

### Monday



Benefit Bar OR  
Sausage & Cheese Burrito

### Tuesday



Ham & Cheese Biscuit OR  
Banana Bread Square

### Wednesday



English Muffin with Pork Sausage  
Patty & Cheese OR Yogurt Box

### Thursday



Bagel & Cream Cheese OR  
Breakfast Taco Crisp Up

### Friday



Egg, Sausage Link, & Pancake Bites OR  
Blueberry Muffin

## Week Two

1/13, 2/3, 2/24, 3/17, 4/7, 4/28, 5/19

### Monday



Breakfast Taquito OR  
French Toast Sticks

### Tuesday



Breakfast Quesadilla OR  
Pan Dulce

### Wednesday



Breakfast Bento Box OR  
Bacon, Egg, & Cheese Croissant

### Thursday



Yogurt Parfait OR  
Ham & Cheese Breakfast Burrito

### Friday



Pizza Toast with Bagel OR  
Apple Fritter

## Week Three

1/20, 2/10, 3/3, 3/24, 4/14, 5/5, 5/26

### Monday



Sausage & Cheese Burrito OR  
Benefit Bar

### Tuesday



Egg & Cheese Omelet with Sausage  
Links OR Breakfast Bento Box

### Wednesday



Egg & Cheese Biscuit Sandwich OR  
Pan Dulce

### Thursday



Pizza Toast with Bagel OR  
Yogurt Parfait

### Friday



Pork Sausage, Egg & Cheese Croissant  
Sandwich OR Pancake Bites



## Don't Forget The Fruits & Veggies

Every meal is served with a selection of fresh, seasonal fruits & veggies. Many are from local, California farms. Enjoy!

**Breakfast  
Fuels  
Learning!**

It helps improve memory, problem-solving, and concentration skills essential to learning.

Join us for breakfast daily.



This institution is an equal opportunity provider.  
Esta institución es un proveedor de igualdad de oportunidades.  
Menu subject to change.  
El menú está sujeto a cambios.  
For nutrition information, scan the QR code.

For More Information:  
Child Nutrition Services  
(760) 726-2170 x 92400  
info@wavecrestcafe.com  
www.WaveCrestCafe.com





## Week One

1/6, 1/27, 2/17, 3/10, 3/31, 4/21, 5/12, 6/2

### Monday



Pizza Crunchers

### Tuesday



Yogurt Parfait with Seasonal Fruit

### Wednesday



Vegetarian Burrito Bowl

### Thursday



Teriyaki Chicken with Fried Rice

### Friday



Fish Burrito



Chicken Sandwich (Reg. or Spicy)  
OR Spicy Black Bean Burger



WaveCrest Pizza



Chicken Wings with Garlic Knot



Vegetarian Dumpling OR  
WaveCrest Pizza



Cheese Enchilada

## Week Two

1/13, 2/3, 2/24, 3/17, 4/7, 4/28, 5/19

### Monday



Tomato Soup with  
Cheese Calzone Dippers

### Tuesday



Mediterranean Bento Box

### Wednesday



Bean & Cheese Burrito

### Thursday



Whole Grain Chicken Egg Roll

### Friday



Fish Tacos



Chicken Sandwich (Reg. or Spicy)  
OR Spicy Black Bean Burger



WaveCrest Pizza



Chicken Wings with Garlic Knot



Vegetarian Dumpling OR  
WaveCrest Pizza



Cheese Enchilada

## Week Three

1/20, 2/10, 3/3, 3/24, 4/14, 5/5, 5/26

### Monday



Meatball Bowl with Garlic Knot

### Tuesday



Bento Box

### Wednesday



Ballpark Loaded Tater Tots  
with Cornbread Muffins

### Thursday



Orange Chicken with Fried Rice

### Friday



Filet-O-Fish Sandwich



Chicken Sandwich (Reg. or Spicy)  
OR Spicy Black Bean Burger



WaveCrest Pizza



Chicken Wings with Garlic Knot



Vegetarian Dumpling OR  
WaveCrest Pizza



Cheese Enchilada

## CHOICES

### Available Daily:

- Chicken Caesar Salad
- Chickpea Caesar Salad
- Hummus Protein Power Box
- Bento Box
- Turkey & Cheese Sub Sandwich
- Large PB&J Sandwich

### Build Your Perfect Plate!

Fresh food from local  
California farms with every meal.



### PIZZA CHOICES

Pepperoni, Cheese   
Hawaiian



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