

Week One

1/6, 1/27, 2/17, 3/10, 3/31, 4/21, 5/12, 6/2

Monday



Benefit Bar OR
Sausage & Cheese Burrito

Tuesday



Ham & Cheese Biscuit OR
Banana Bread Square

Wednesday



English Muffin with Pork Sausage
Patty & Cheese OR Yogurt Box

Thursday



Bagel & Cream Cheese OR
Breakfast Taco

Friday



Egg, Sausage Link, & Pancake Bites OR
Blueberry Muffin

Week Two

1/13, 2/3, 2/24, 3/17, 4/7, 4/28, 5/19

Monday



Breakfast Taquito OR
French Toast Sticks

Tuesday



Breakfast Quesadilla OR
Pan Dulce

Wednesday



Breakfast Bento Box OR
Bacon, Egg, & Cheese Croissant

Thursday



Yogurt Parfait OR
Ham & Cheese Breakfast Burrito

Friday



Pizza Toast with Bagel OR
Apple Fritter

Week Three

1/20, 2/10, 3/3, 3/24, 4/14, 5/5, 5/26

Monday



Sausage & Cheese Burrito OR
Benefit Bar

Tuesday



Egg & Cheese Omelet with Sausage
Links OR Breakfast Bento Box

Wednesday



Egg & Cheese Biscuit Sandwich OR
Pan Dulce

Thursday



Pizza Toast with Bagel OR
Yogurt Parfait

Friday



Pork Sausage, Egg & Cheese Croissant
Sandwich OR Pancake Bites



Don't Forget The Fruits & Veggies

Every meal is served with a selection of fresh, seasonal fruits & veggies. Many are from local, California farms. Enjoy!

Breakfast
Fuels
Learning!

It helps improve memory, problem-solving, and
concentration skills essential to learning.

Join us for breakfast daily.



This institution is an equal opportunity provider.
Esta institución es un proveedor de igualdad de oportunidades.
Menu subject to change.
El menú está sujeto a cambios.
For nutrition information, scan the QR code.

For More Information:
Child Nutrition Services
(760) 726-2170 x 92400
info@wavecrestcafe.com
www.WaveCrestCafe.com



Week One

1/6, 1/27, 2/17, 3/10, 3/31, 4/21, 5/12, 6/2

Monday



✓ Pizza Crunchers

Tuesday



✓ Yogurt Parfait with Seasonal Fruit

Wednesday



✓ Vegetarian Burrito Bowl

Thursday



Teriyaki Chicken with Fried Rice

Friday



Fish Burrito



✓ Chicken Sandwich (Reg. or Spicy)
OR Spicy Black Bean Burger



WaveCrest Pizza



Chicken Wings with Garlic Knot



✓ Vegetarian Dumpling OR
WaveCrest Pizza



✓ Cheese Enchilada

Week Two

1/13, 2/3, 2/24, 3/17, 4/7, 4/28, 5/19

Monday



✓ Tomato Soup with
Cheese Calzone Dippers

Tuesday



✓ Yogurt Parfait with Seasonal Fruit

Wednesday



✓ Bean & Cheese Burrito

Thursday



Whole Grain Chicken Egg Roll

Friday



Fish Tacos



✓ Chicken Sandwich (Reg. or Spicy)
OR Spicy Black Bean Burger



WaveCrest Pizza



Chicken Wings with Garlic Knot



✓ Vegetarian Dumpling OR
WaveCrest Pizza



Cheese Enchilada

Week Three

1/20, 2/10, 3/3, 3/24, 4/14, 5/5, 5/26

Monday



Meatball Bowl with Garlic Knot

Tuesday



✓ Bento Box

Wednesday



✓ Ballpark Loaded Tater Tots
with Cornbread Muffins

Thursday



Orange Chicken with Fried Rice

Friday



Filet-O-Fish Sandwich



✓ Chicken Sandwich (Reg. or Spicy)
OR Spicy Black Bean Burger



WaveCrest Pizza



Chicken Wings with Garlic Knot



✓ Vegetarian Dumpling OR
WaveCrest Pizza



Cheese Enchilada

CHOICES

Available Daily:

- Chicken Caesar Salad
- Chickpea Caesar Salad
- Hummus Protein Power Box
- Bento Box
- Turkey & Cheese Sub Sandwich
- Large PB&J Sandwich

Build Your Perfect Plate!

Fresh food from local
California farms with every meal.



PIZZA CHOICES

Pepperoni, Cheese ✓
Hawaiian



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