

WaveCrest Café Supper Meals

January 2025

Students will receive a supper meal kit providing 1/2 cup vegetable 1/4 cup of fruit, 8 oz milk (1% white milk or nonfat chocolate milk), 1 oz whole grain, and 2 oz protein.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 1 - 3	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
January 6 - 10	NO SCHOOL	NO SCHOOL	Jack Links Seeds Cheez itz (WGR) Apple Sauce Paradise Punch Milk	Tuna Cup Tortilla Chips Apple Sauce Carrots Milk	Smokehouse Turkey Stick String Cheese Wheat Crackers Peach Cup Milk Paradise Punch
January 13 - 17	Mango Pineapple Smoothie String Cheese Lemon Bread Apricot Cup Carrots Milk	Mini Maple Pancakes Yogurt String Cheese Apple Sauce Paradise Punch Milk	Grape Smuckers Uncrustables PB&J (WGR) Cheese Stick Apricot Cup Milk Baby Carrots	Turkey and Cheese Sub Mixed Berry Cup Paradise Punch Milk	Waffle 4oz Yogurt String Cheese Cranberries Milk Paradise Punch
January 20 - 24	NO SCHOOL	Graham Cracker Chocolate Chickpea Spread Seeds Cranberries Paradise Punch Milk	Jack Links Cheese Cubes Cheez itz (WGR) Apple Sauce Paradise Punch Milk	Tuna Cup Wheat Crackers Watermelon Raisels Paradise Punch Milk	Smokehouse Turkey Stick String Cheese D & J Crackers Peach Cup Milk Paradise Punch
January 27 - 31	Mango Pineapple Smoothie String Cheese Lemon Bread Apricot Cup Carrots Milk	Mini Maple Pancakes 4 oz Yogurt String Cheese Apple Sauce Paradise Punch Milk	Grape Smuckers Uncrustables PB&J (WGR) Cheese Stick Apricot Cup Milk Baby Carrots	Ham and Cheese Sub Strawberry Cup Paradise Punch Milk	Waffle 4oz Yogurt String Cheese Cranberries Milk Paradise Punch