

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Week One

8/15, 8/26, 9/9, 9/23, 10/7, 10/21, 11/4, 11/18, 12/9

Egg, Potato, & Cheese Burrito  
OR Benefit Bar



Breakfast Bento Box  
OR Pumpkin Bread



Pork Sausage & Cheese Croissant  
Sandwich OR Bagel & Cream Cheese



Breakfast Egg Scramble with Mini Muffin  
OR Cinnamon Roll



Egg & Cheese Omelet with Tater Tots  
OR Pancakes



### Week Two

8/19, 9/2, 9/16, 9/30, 10/14, 10/28, 11/11, 12/2, 12/16

Sausage & Cheese Burrito OR  
Chocolate Cherry Oatmeal Granola Bar



Pizza Toast OR Whole Grain  
Cranberry Orange Scone



Orchard Crunch Parfait with Homemade  
Granola OR Ham & Cheese Croissant



Baked Egg Bites with Mini Muffin  
OR Ultimate Breakfast Oatmeal Round



Crunchy Breakfast Taco  
OR Waffle



### Build Your Perfect Plate!

Fresh food from local  
California farms with every meal.



This institution is an equal  
opportunity provider.  
Esta institución es un proveedor de  
igualdad de oportunidades.  
Menu subject to change.  
El menú está sujeto a cambios.





## Week One

8/15, 9/2, 9/23, 10/14, 11/4, 12/2

### Monday



✓ Build Your Own Parfait Bar

### Tuesday



✓ Bean & Cheese Pupusa

### Wednesday



Orange Chicken & Rice

### Thursday



Fiesta Taco Bar

### Friday



Chicken Alfredo Penne Pasta



WaveCrest Pizza



Chicken Tenders



✓ Cheesy Pizza Stick & Seeds



✓ Pizza Crunchers



✓ Hamburger, Cheeseburger,  
✓ Spicy Black Bean Burger

## Week Two

8/19, 9/9, 9/30, 10/21, 11/11, 12/9

### Monday



✓ Mediterranean Bento Box

### Tuesday



✓ Bean & Cheese Burrito

### Wednesday



Teriyaki Chicken with  
Yakisoba Noodles

### Thursday



Carnitas Street Tacos

### Friday



✓ Mac & Cheese



WaveCrest Pizza



Chicken Tenders



✓ Cheese Pizza Stick w/ Seeds



✓ Pizza Crunchers



✓ Hamburger, Cheeseburger,  
✓ Spicy Black Bean Burger

## Week Three

8/26, 9/16, 10/7, 10/28, 11/18, 12/16

### Monday



✓ Soft Pretzel & Cheese

### Tuesday



✓ Vegetarian Tortilla Soup

### Wednesday



Edamame Kung Pao Chicken

### Thursday



Chicken Tamale and Seeds

### Friday



✓ Tortellini with Marinara Sauce



WaveCrest Pizza



Chicken Tenders



✓ Cheesy Pizza Stick & Seeds



✓ Pizza Crunchers



✓ Hamburger, Cheeseburger,  
✓ Spicy Black Bean Burger

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### PIZZA CHOICES

Pepperoni, Cheese ✓  
Meat Lovers



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For nutrition information, scan the QR code.

For More Information:  
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