

Monday

Tuesday

Wednesday

Thursday

Friday

Week One 8/15, 8/26, 9/9, 9/23, 10/7, 10/21, 11/4, 11/18, 12/9

Egg, Potato, & Cheese Burrito
OR Benefit Bar



Breakfast Bento Box
OR Pumpkin Bread



Pork Sausage & Cheese Croissant
Sandwich OR Bagel & Cream Cheese



Breakfast Egg Scramble with Mini Muffin
OR Cinnamon Roll



Egg & Cheese Omelet with Tater Tots
OR Pancakes



Week Two 8/19, 9/2, 9/16, 9/30, 10/14, 10/28, 11/11, 12/2, 12/16

Sausage & Cheese Burrito OR
Chocolate Cherry Oatmeal Granola Bar



Pizza Toast OR Whole Grain
Cranberry Orange Scone



Orchard Crunch Parfait with Homemade
Granola OR Ham & Cheese Croissant



Baked Egg Bites with Mini Muffin
OR Ultimate Breakfast Oatmeal Round



Crunchy Breakfast Taco
OR Waffle



Build Your Perfect Plate!

Fresh food from local
California farms with every meal.



This institution is an equal
opportunity provider.
Esta institución es un proveedor de
igualdad de oportunidades.
Menu subject to change.
El menú está sujeto a cambios.



Week One 8/15, 9/2, 9/23, 10/14, 11/4, 12/2

Monday



Orange Chicken & Rice

Tuesday



✓ Blenderless Smoothie & Cinnamon Raisin Bagel with Cream Cheese

Wednesday



✓ Bean & Cheese Pupusa

Thursday



Chicken Alfredo Penne Pasta with Garlic Breadstick

Friday



Fiesta Taco Bar



✓ Cheesy Pizza Sticks



WaveCrest Pizza



Chicken Tender Basket with Garlic Breadstick



✓ WaveCrest Pizza, Hamburger, Cheeseburger or Spicy Black Bean Burger



✓ Pizza Crunchers with Garlic Breadstick

Week Two 8/19, 9/9, 9/30, 10/21, 11/11, 12/9

Monday



Teriyaki Chicken with Yakisoba Noodles

Tuesday



✓ Mediterranean Bento Box

Wednesday



✓ Bean & Cheese Burrito

Thursday



✓ Mac & Cheese

Friday



Carnitas Street Tacos



✓ Cheesy Pizza Sticks



WaveCrest Pizza



Chicken Tender Basket with Garlic Breadstick



✓ WaveCrest Pizza, Hamburger, Cheeseburger or Spicy Black Bean Burger



✓ Pizza Crunchers with Garlic Breadstick

Week Three 8/26, 9/16, 10/7, 10/28, 11/18, 12/16

Monday



Edamame Kung Pao Chicken

Tuesday



✓ Soft Pretzel & Cheese

Wednesday



✓ Vegetarian Tortilla Soup

Thursday



✓ Tortellini with Marinara Sauce & Garlic Knot

Friday



Chicken Tamale and Seeds



✓ Cheesy Pizza Sticks



WaveCrest Pizza



Chicken Tender Basket with Garlic Breadstick



✓ WaveCrest Pizza, Hamburger, Cheeseburger or Spicy Black Bean Burger



✓ Pizza Crunchers with Garlic Breadstick

CHOICES

Available Daily:

- Asian Chicken Salad
- Asian Veggie Salad
- Hummus Protein Power Box
- Bento Box
- Turkey & Cheese Sub Sandwich
- Large PB&J Sandwich

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PIZZA CHOICES

Pepperoni, Cheese ✓
Meat Lovers



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For nutrition information, scan the QR code.

For More Information:
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www.WaveCrestCafe.com

