

WaveCrest Café Supper Meals

April 2024

Students will receive a supper meal kit providing 1/2 cup vegetable 1/4 cup of fruit, 8 oz milk (1% white milk or nonfat chocolate milk), 1 oz whole grain, and 2 oz protein.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 1 - 5	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
April 8 - 12	4 oz Greek Yogurt String Cheese Chex Mix-Strawberry Yogurt (WGR) Raisins Milk Cucumbers	Build Your Own Pizza Pack (WGR) Frozen Strawberry Cup Milk Paradise Punch	Ants On a Log Kit Wheat Crackers (WGR) PB Cup Sunflower Seeds Raisins Milk Celery Sticks	Smokehouse Turkey & Cheese Stick DJ Crackers (WGR) Frozen Peach Cup Milk Paradise Punch	3/27 Tuna Cup Wheat Crackers (WGR) Watermelon Raisels Milk Paradise Punch
April 15 - 19	Mini Pancakes PB Cup 4 oz Greek Yogurt Applesauce Cup Milk Paradise Punch	Smoothie String Cheese Chex Mix-Strawberry Yogurt (WGR) Raisins Milk Cucumbers	Cheese Dip & Pretzel Bites (WGR) Sunflower Seeds Fiesta Raisels Milk Paradise Punch	Grape Smuckers Uncrustables PB&J (WGR) String Cheese Mango Icy Tube Milk Baby Carrots	Jack Links Sunflower Seeds Wheat Crackers (WGR) Mandarins Milk Paradise Punch
April 22 - 26	Banana Bread 4 oz Greek Yogurt Sunflower Seeds Frozen Strawberry Cup Milk Baby Carrots	Smokehouse Turkey & Cheese Stick DJ Crackers (WGR) Frozen Apricot Cup Milk Paradise Punch	Ants On a Log Kit Wheat Crackers (WGR) PB Cup Sunflower Seeds Raisins Milk Celery Sticks	Mini Pancakes String Cheese 4 oz Greek Yogurt Fiesta Raisels Milk Paradise Punch	Cheese Dip & Pretzel Bites (WGR) Sunflower Seeds Frozen Peach Cup Milk Paradise Punch
April 29 - May 3	Mini Pancakes PB Cup 4 oz Greek Yogurt Applesauce Cup Milk Paradise Punch	Build Your Own Pizza Pack (WGR) Frozen Apricot Cup Milk Celery	Tuna Cup Wheat Crackers (WGR) Apple Milk Paradise Punch	Grape Smuckers Uncrustables PB&J (WGR) String Cheese Mango Icy Tube Milk Cucumbers	Jack Links Sunflower Seeds Wheat Crackers (WGR) Mandarins Milk Paradise Punch

If meal counts are higher than expected, backup meals will be offered.

Menu subject to change.

This institution is an equal opportunity provider.

CONTAINS PEANUTS

Allergen Free Meal

Questions? Please contact us at (760) 726-2

www.wavecrestcafe.com