



Spring 2024 Menu: Middle Schools

MEAL PRICES
Student meals are offered at NO COST through the 2023-24 school year.

ADULT MEALS
Breakfast: \$4.00 | Lunch: \$5.50 | Milk: \$0.50

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spring Menu Served March 4th - June 5th, 2024					
BREAKFAST (All Schools)	Maple Pancake Sandwich with Chicken Sausage & Cheese OR Pan Dulce	Breakfast Burrito with Bacon, Egg & Potato OR Chocolate Cherry Granola Bar	Egg & Cheese Breakfast Sandwich OR Pancakes	Blueberry Oatmeal Crisp OR Sausage & Cheese Burrito	Pizza Toast OR Lemon Blueberry Bread
LUNCH Madison, Rancho Minerva	Mac & Cheese (Reg. or Buffalo Chicken) OR Chicken Sandwich (Reg. or Spicy); COOKIE DAY!	Chile Verde Pork Carnitas Burrito OR WaveCrest Pizza	Hamburger, Cheeseburger, Spicy Black Bean Burger OR Chicken Alfredo Lasagna Rollup	Chicken Fried Rice Bowl OR WaveCrest Pizza	Maple Chicken & Waffles OR Fish Tacos
LUNCH Roosevelt	Mac & Cheese (Reg. or Buffalo Chicken) OR WaveCrest Pizza; COOKIE DAY!	Chile Verde Pork Carnitas Burrito, Hamburger, Cheeseburger OR Spicy Black Bean Burger	Maple Chicken & Waffles OR Chicken Alfredo Lasagna Rollup	Chicken Sandwich (Reg. or Spicy) OR Chicken Fried Rice Bowl	WaveCrest Pizza OR Fish Tacos
LUNCH Vista Magnet, VIDA	Mac & Cheese (Reg. or Buffalo Chicken) OR WaveCrest Pizza; COOKIE DAY!	Chile Verde Pork Carnitas Burrito, Hamburger, Cheeseburger OR Spicy Black Bean Burger	Maple Chicken & Waffles OR Chicken Alfredo Lasagna Rollup	Chicken Fried Rice Bowl OR WaveCrest Pizza	Chicken Sandwich (Reg. or Spicy) OR Fish Tacos



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EVERYDAY OPTIONS
Southwest Chicken Salad;
Southwest Veggie Salad;
Large PB&J Sandwich;
Bento Box;
Caprese Wrap;
BREAKFAST: Assorted Cereals

PIZZA OFFERINGS
Cheese, Pepperoni, Hawaiian

Build Your Perfect Plate

With fresh, seasonal fruits & veggies from local, California farms!



HEALTH & LEARNING SUCCESS GO HAND-IN-HAND

Eating fruits and vegetables helps your child grow, be healthy, and do well in school. Encourage your child to get 60 minutes of physical activity every day.

Menu subject to change

FOR INFORMATION, CONTACT:

Child Nutrition Services
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info@wavecrestcafe.com
www.WaveCrestCafe.com

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BUILD YOUR PERFECT PLATE



FRESH FRUIT



FRESH VEGGIES



FRESH SAUCES

Take control of your plate with a selection of fresh, seasonal fruits & veggies from local California farms.
You can also enjoy condiments made from scratch like our homemade salsa and salad dressings.

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Farm2School
FreshHealthyDelicious