

High School Menu: Spring 2024

Mission Vista, RBV, Vista High

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spring Menu Served March 4 - June 5, 2024					
BREAKFAST (All Schools)	Maple Pancake Sandwich with Chicken Sausage & Cheese OR Pan Dulce	Breakfast Burrito with Bacon, Egg & Potato OR Chocolate Cherry Granola Bar	Egg & Cheese Breakfast Sandwich OR Pancakes	Blueberry Oatmeal Crisp OR Sausage & Cheese Burrito	Pizza Toast OR Lemon Blueberry Bread
LUNCH Mission Vista	Chicken Fried Rice Bowl OR WaveCrest Pizza	Maple Chicken & Waffles OR Chile Verde Pork Carnitas Burrito	Chicken Alfredo Lasagna Rollup, Hamburger, Cheeseburger OR Spicy Black Bean Burger	Mac & Cheese (Reg. or Buffalo Chicken) OR Chicken Sandwich (Reg. or Spicy); COOKIE DAY!	Fish Tacos OR WaveCrest Pizza
LUNCH Rancho Buena Vista	Maple Chicken & Waffles OR Mac & Cheese (Reg. or Buffalo Chicken)	Chile Verde Pork Carnitas Burrito OR WaveCrest Pizza	Chicken Alfredo Lasagna Rollup, Hamburger, Cheeseburger OR Spicy Black Bean Burger	Chicken Fried Rice Bowl OR WaveCrest Pizza; COOKIE DAY!	Fish Tacos OR Chicken Sandwich (Reg. or Spicy)
LUNCH Vista High	Chicken Fried Rice Bowl OR Chicken Sandwich (Reg. or Spicy); COOKIE DAY!	Mac & Cheese (Reg. or Buffalo Chicken), Hamburger, Cheeseburger OR Spicy Black Bean Burger	Chile Verde Pork Carnitas Burrito OR WaveCrest Pizza	Maple Chicken & Waffles OR Chicken Alfredo Lasagna Rollup	WaveCrest Pizza OR Fish Tacos

MEAL PRICES

Student meals are offered at NO COST through the 2023-24 school year.

ADULT MEALS

Breakfast: \$4.00 | Lunch: \$5.50 | Milk: \$0.50



Scan QR code for menus

EVERYDAY OPTIONS

Southwest Chicken Salad; Southwest Veggie Salad; Large PB&J Sandwich; Bento Box; Caprese Wrap; BREAKFAST: Assorted Cereals

PIZZA OFFERINGS

Cheese, Pepperoni, Hawaiian



Build Your Perfect Plate

With fresh, seasonal fruits & veggies from local, California farms!



HEALTH & LEARNING SUCCESS GO HAND-IN-HAND

Eating fruits and vegetables helps your child grow, be healthy, and do well in school. Encourage your child to get 60 minutes of physical activity every day.

FOR INFORMATION, CONTACT:

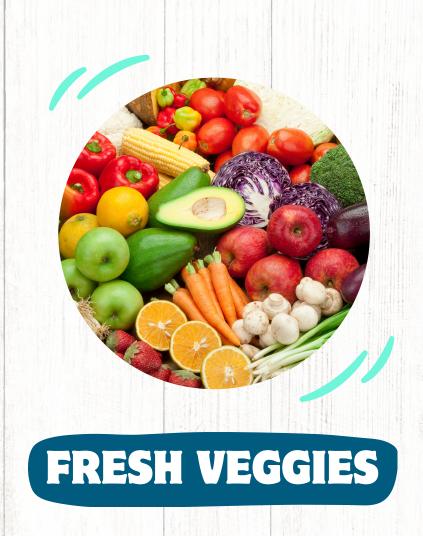
Child Nutrition Services (760) 726-2170 x 92400 info@wavecrestcafe.com www.WaveCrestCafe.com

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



BUILD YOUR PERFECT PLATE







Take control of your plate with a selection of fresh, seasonal fruits & veggies from local California farms. You can also enjoy condiments made from scratch like our homemade salsa and salad dressings.

This institution is an equal opportunity provider.
Esta institución es un proveedor de igualdad de oportunidades.

