



# Spring 2024 Menu

Casita, Grapevine, Maryland  
March 4 - June 5, 2024

**MEAL PRICES**  
Student meals are offered at NO COST through the 2023-24 school year.

**ADULT MEALS**  
Breakfast: \$4.00 | Lunch: \$5.50 | Milk: \$0.50

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b> 3/4, 3/18, 4/15, 4/29, 5/13, 5/27					
BREAKFAST	Maple Pancake Sandwich with Chicken Sausage & Cheese OR Pan Dulce	Breakfast Burrito with Bacon, Egg & Potato OR Chocolate Cherry Granola Bar	Egg & Cheese Breakfast Sandwich OR Pancakes	Blueberry Oatmeal Crisp OR Sausage & Cheese Burrito	Pizza Toast OR Lemon Blueberry Bread
LUNCH	Pizza Crunchers OR Bean & Cheese Pupusa	Chicken Fried Rice Bowl OR Cheese Tamale	Popcorn Chicken OR Bean & Cheese Pupusa	Hamburger, Cheeseburger, Spicy Black Bean Burger OR Cheese Tamale	WaveCrest Pizza OR Bean & Cheese Pupusa; <b>COOKIE DAY!</b>
<b>Week 2</b> 3/11, 3/25, 4/8, 4/22, 5/6, 5/20, 6/3					
BREAKFAST	Maple Pancake Sandwich with Chicken Sausage & Cheese OR Pan Dulce	Breakfast Burrito with Bacon, Egg & Potato OR Chocolate Cherry Granola Bar	Egg & Cheese Breakfast Sandwich OR Pancakes	Blueberry Oatmeal Crisp OR Sausage & Cheese Burrito	Pizza Toast OR Lemon Blueberry Bread
LUNCH	Corn Dog OR Bean & Cheese Pupusa	Chicken Alfredo Lasagna Rollup OR Cheese Tamale	Chicken Sandwich OR Bean & Cheese Pupusa	Fish Tacos OR Cheese Tamale	WaveCrest Pizza OR Bean & Cheese Pupusa; <b>COOKIE DAY!</b>



Scan QR code for menus

**PIZZA OPTIONS**  
Cheese,  
Pepperoni,  
Hawaiian

Daily Breakfast Options:  
Assorted Cereals

**Build Your Perfect Plate**  
  
With fresh, seasonal fruits & veggies from local, California farms!



**HEALTH & LEARNING SUCCESS  
GO HAND-IN-HAND**  
Eating fruits and vegetables helps your child grow, be healthy, and do well in school. Encourage your child to get 60 minutes of physical activity every day.  
  
Menu subject to change

**FOR INFORMATION, CONTACT:**  
Child Nutrition Services  
(760) 726-2170 x 92400  
info@wavecrestcafe.com  
www.WaveCrestCafe.com

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.





# BUILD YOUR PERFECT PLATE



**FRESH FRUIT**



**FRESH VEGGIES**



**FRESH SAUCES**

Take control of your plate with a selection of fresh, seasonal fruits & veggies from local California farms.  
You can also enjoy condiments made from scratch like our homemade salsa and salad dressings.

This institution is an equal opportunity provider.  
Esta institución es un proveedor de igualdad de oportunidades.



Farm2School  
FreshHealthyDelicious