



Spring 2024 Menu

Alamosa, Empresa, Mission Meadows, T.H.E. Leadership Academy
March 4 - June 5, 2024

MEAL PRICES
Student meals are offered at NO COST through the 2023-24 school year.

ADULT MEALS
Breakfast: \$4.00 | Lunch: \$5.50 | Milk: \$0.50

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 3/4, 3/18, 4/15, 4/29, 5/13, 5/27					
BREAKFAST	Maple Pancake Sandwich with Chicken Sausage & Cheese OR Pan Dulce	Breakfast Burrito with Bacon, Egg & Potato OR Chocolate Cherry Granola Bar	Egg & Cheese Breakfast Sandwich OR Pancakes	Blueberry Oatmeal Crisp OR Sausage & Cheese Burrito	Pizza Toast OR Lemon Blueberry Bread
LUNCH	WaveCrest Pizza OR Bean & Cheese Pupusa	Popcorn Chicken OR Cheese Tamale	Chicken Fried Rice Bowl OR Bean & Cheese Pupusa	Pizza Crunchers OR Cheese Tamale	Hamburger, Cheeseburger, Spicy Black Bean Burger OR Bean & Cheese Pupusa; COOKIE DAY!
Week 2 3/11, 3/25, 4/8, 4/22, 5/6, 5/20, 6/3					
BREAKFAST	Maple Pancake Sandwich with Chicken Sausage & Cheese OR Pan Dulce	Breakfast Burrito with Bacon, Egg & Potato OR Chocolate Cherry Granola Bar	Egg & Cheese Breakfast Sandwich OR Pancakes	Blueberry Oatmeal Crisp OR Sausage & Cheese Burrito	Pizza Toast OR Lemon Blueberry Bread
LUNCH	WaveCrest Pizza OR Bean & Cheese Pupusa	Chicken Sandwich OR Cheese Tamale	Chicken Alfredo Lasagna Rollup OR Bean & Cheese Pupusa	Corn Dog OR Cheese Tamale	Fish Tacos OR Bean & Cheese Pupusa; COOKIE DAY!



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PIZZA OPTIONS
Cheese,
Pepperoni,
Hawaiian

Daily Breakfast Options:
Assorted Cereals

Build Your Perfect Plate

With fresh, seasonal fruits & veggies from local, California farms!

**HEALTH & LEARNING SUCCESS
GO HAND-IN-HAND**
Eating fruits and vegetables helps your child grow, be healthy, and do well in school. Encourage your child to get 60 minutes of physical activity every day.

Menu subject to change

FOR INFORMATION, CONTACT:
Child Nutrition Services
(760) 726-2170 x 92400
info@wavecrestcafe.com
www.WaveCrestCafe.com

**THIS INSTITUTION IS AN EQUAL
OPPORTUNITY PROVIDER.**

BUILD YOUR PERFECT PLATE



FRESH FRUIT



FRESH VEGGIES



FRESH SAUCES

Take control of your plate with a selection of fresh, seasonal fruits & veggies from local California farms.
You can also enjoy condiments made from scratch like our homemade salsa and salad dressings.

This institution is an equal opportunity provider.
Esta institución es un proveedor de igualdad de oportunidades.



Farm2School
FreshHealthyDelicious