

Menu Nutrient Analysis Fall 2023 Breakfast

Recipe	Portion Size	Carb (g)	Calories (Kcal)	Sodium (mg)	Saturated Fat (g)	Protein (g)	Sugar (g)	Vitamin A (IU)	Vitamin C (mg)	Vitamin D (IU)	Potassium (mg)	Iron (mg)	Calcium (mg)	Total Fat (g)	Trans Fat (g)	Cholesterol (mg)	Fiber (g)
APPLE	each	7.5	28.0	0.5	0.0	0.1	0.0	29.2	2.5	*	*	0.1	3.2	0.1	0.0	0.0	1.3
BAGEL & CREAM CHEESE	Each	34.0	240.0	390.0	3.5	9.0	5.0	200.0	0.0	0.0	110.0	1.8	70.0	7.0	0.0	15.0	3.0
BENEFIT BAR	Each	47.0	290.0	240.0	3.0	5.0	22.0	0.0	0.0	*	*	1.8	20.0	9.0	0.0	20.0	3.0
Breakfast Burrito (Burrito, Egg, Bacon, & Tater Tot)	Serving	40.0	429.6	927.0	7.7	15.5	1.0	277.6	0.0	*	*	2.6	235.9	21.2	0.0	147.2	4.8
BURRITO, SAUSAGE & CHEESE	Each	27.0	474.4	812.3	14.6	16.1	1.0	288.6	0.0	29.2	95.0	2.6	330.5	33.1	0.0	60.4	4.0
CEREAL, Cinnamon Toast Crunch 25 % Less Sugar 2 oz Cups	Serving	44.0	210.0	320.0	0.5	3.0	11.0	500.0	6.0	2.0	94.0	4.5	100.0	5.0	0.0	0.0	7.0
CEREAL, Honey Cheerios (No Nut)	Serving	44.0	210.0	340.0	0.5	6.0	12.0	750.0	9.0	3.0	282.0	5.4	150.0	3.0	0.0	0.0	5.0
Chex Cereal	2 cups	66.3	304.2	553.8	0.0	4.7	8.6	0.0	0.0	3.9	148.2	0.0	257.4	2.3	0.0	0.0	3.9
English Muffin, Sausage & Cheese Sandwich	sandwich	24.0	215.0	604.8	2.7	12.5	2.0	0.0	0.0	0.0	92.0	1.8	130.5	7.7	0.0	32.5	1.0
JUICE, APPLE	each	14.0	55.0	13.0	0.0	0.0	13.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
JUICE, APPLEBERRY	each	14.0	55.0	15.0	0.0	0.0	13.0	0.0	0.0	0.0	141.0	0.0	0.0	0.0	0.0	0.0	0.0
JUICE, CHERRY	EACH	15.0	55.0	15.0	0.0	0.0	15.0	0.0	30.0	0.0	141.0	0.0	0.0	0.0	0.0	0.0	0.0
MILK, 1% WHITE	each	16.0	120.0	150.0	1.5	11.0	14.0	500.0	2.4	*	*	0.0	350.0	2.5	0.0	15.0	0.0
MILK, NONFAT WHITE	each	12.0	90.0	135.0	0.0	9.0	12.0	500.0	2.4	*	*	0.0	300.0	0.0	0.0	0.0	0.0
Nectarine Fresh	each	13.6	56.8	0.0	0.0	1.4	10.2	428.3	7.0	*	*	0.4	7.7	0.4	0.0	0.0	2.2
ORANGE, FRESH	each	10.3	41.9	0.0	0.0	0.8	0.0	202.0	47.4	*	*	0.1	35.7	0.1	0.0	0.0	2.1
PAN DULCE	Each	34.0	200.0	90.0	1.5	5.0	8.0	0.0	0.0	*	*	1.8	40.0	6.0	0.0	5.0	2.0
PIZZA TOAST (with Bagel)	Each	17.8	215.0	446.0	6.6	11.1	3.0	0.0	0.0	0.0	55.0	1.0	232.0	11.2	0.0	33.0	1.5
Plum	each	0.6	2.3	0.0	0.0	0.0	0.5	17.3	0.5	*	*	0.0	0.3	0.0	0.0	0.0	0.1
Pumpkin Bread	Slice	58.1	359.8	195.4	1.4	5.0	29.5	*	*	0.1	165.9	2.1	96.5	13.1	0.0	30.8	3.8
SALSA, FRESH	Serving	1.8	9.1	195.8	0.0	0.4	1.0	386.3	1.1	0.0	56.5	0.2	5.1	0.0	0.0	0.0	0.4
WAFFLE, IW	each	37.0	250.0	290.0	4.0	6.0	15.0	0.0	0.0	0.0	94.0	1.4	30.0	9.0	0.0	44.0	2.0
Yogurt Breakfast Box (4 oz yogurt, string cheese, 1 oz granola)	Each	34.4	284.6	284.8	6.0	13.1	18.3	215.0	0.0	1.4	249.1	0.3	138.0	10.8	0.0	25.0	1.4

Menu Nutrient Analysis Fall 2023 Elementary Lunch

Recipe	Portion Size	Carb (g)	Calories (Kcal)	Sodium (mg)	Saturated Fat (g)	Protein (g)	Sugar (g)	Vitamin A (IU)	Vitamin C (mg)	Vitamin D (IU)	Potassium (mg)	Iron (mg)	Calcium (mg)	Total Fat (g)	Trans Fat (g)	Cholesterol (mg)	Fiber (g)
APPLE	each	7.504	28.040	0.513	0.000	0.138	0.000	29.225	2.488	*	*	0.063	3.238	0.079	0.000	0.000	1.303
BBQ SAUCE	each	7.000	35.000	150.000	0.000	0.000	6.000	0.000	0.000	*	*	0.000	0.000	0.000	0.000	0.000	0.000
BEAN & CHEESE PUPUSA	each	35.000	290.000	480.000	3.500	13.000	1.000	4.000	2.000	*	*	6.000	20.000	11.000	0.000	15.000	4.000
CARROTS, BABY	each	4.600	20.000	44.000	0.000	0.300	0.000	7,818.000	1.470	*	*	0.500	18.000	0.070	0.000	0.000	1.600
CELERY	each	1.500	8.080	40.400	0.021	0.348	0.677	226.745	1.566	*	*	0.101	20.200	0.086	0.000	0.000	0.808
CHEESY BEANS	each	15.562	118.917	197.875	1.519	6.885	1.052	210.406	1.436	0.000	329.000	1.503	78.824	2.656	0.000	7.594	3.619
Cheesy Pizza Stick, Bosco & Sunflower Seeds	Servings	36.048	404.757	355.456	4.690	18.428	7.000	9.514	0.000	2.000	343.993	3.240	184.271	15.333	0.000	15.951	5.000
Cookie, WG Chocolate Chip	Serving	23.800	148.000	96.500	1.600	2.100	11.400	50.000	0.000	*	*	0.780	10.470	5.300	0.000	18.900	1.500
CORN WHOLE KERNEL	each	15.000	65.000	15.000	0.000	2.000	3.000	36.900	1.300	*	*	0.400	3.200	1.000	0.000	0.000	2.000
CUCUMBERS	each	1.815	10.084	1.681	0.011	0.496	1.160	60.504	2.689	*	*	0.185	11.765	0.134	0.000	0.000	0.588
DRESSING, RANCH	Serving	0.465	62.557	86.727	0.912	0.270	0.397	3.550	0.113	*	*	0.004	9.500	6.510	0.000	3.250	0.008
JUICE, APPLE	each	14.000	55.000	13.000	0.000	0.000	13.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000
JUICE, APPLEBERRY	each	14.000	55.000	15.000	0.000	0.000	13.000	0.000	0.000	0.000	141.000	0.000	0.000	0.000	0.000	0.000	0.000
JUICE, CHERRY	EACH	15.000	55.000	15.000	0.000	0.000	15.000	0.000	30.000	0.000	141.000	0.000	0.000	0.000	0.000	0.000	0.000
KETCHUP	each	2.466	9.090	81.630	0.001	0.094	1.914	47.430	0.369	*	*	0.032	1.350	0.009	0.000	0.000	0.027
LETT, TOM, PICKLES - LETTUCE, TOMATO, PICKLE CUP	each	1.805	8.306	115.312	0.018	0.430	0.819	1,536.053	4.412	*	*	0.241	15.410	0.093	0.000	0.000	0.718
MAC & CHEESE, ES FOODS	#5 Scoop	26.708	276.615	524.615	7.631	16.215	5.723	0.000	0.000	*	*	0.954	496.000	11.446	0.000	38.154	1.908
MAYONNAISE	each	1.000	80.000	70.000	1.000	0.000	0.000	0.000	0.000	*	*	0.000	0.000	9.000	0.000	5.000	0.000
MILK, 1% WHITE	each	16.000	120.000	150.000	1.500	11.000	14.000	500.000	2.400	*	*	0.000	350.000	2.500	0.000	15.000	0.000
MILK, NF CHOCOLATE	each	20.000	110.000	135.000	0.000	8.000	18.000	500.000	0.000	*	*	0.720	250.000	0.000	0.000	0.000	0.000
MILK, NONFAT WHITE	each	12.000	90.000	135.000	0.000	9.000	12.000	500.000	2.400	*	*	0.000	300.000	0.000	0.000	0.000	0.000
Mustard, Packet	packet	0.000	0.000	55.000	0.000	0.000	*	*	*	*	*	*	*	0.000	0.000	0.000	0.000
ORANGE CHICKEN ELEM	each	67.391	381.088	291.764	0.510	15.226	10.206	0.000	1.225	*	0.000	0.735	0.000	5.062	0.000	40.823	2.000
ORANGE, FRESH	each	10.305	41.908	0.000	0.000	0.824	0.000	201.985	47.405	*	*	0.089	35.725	0.103	0.000	0.000	2.061
OVEN FRIES MCCAIN	each	17.000	100.000	20.000	0.500	1.000	1.000	*	*	*	282.000	0.300	10.000	4.000	0.000	0.000	1.000
PEAR, FRESH	each	27.109	101.460	1.780	0.039	0.641	17.355	44.500	7.654	*	*	0.320	16.020	0.249	0.000	0.000	5.518
PIZZA, CHEESE ELEM	Each	31.250	313.156	586.339	8.401	15.134	2.906	106.850	1.709	0.000	169.200	2.114	336.070	14.343	0.000	40.500	3.525
PIZZA, MEAT LOVERS ELEMENTARY	each	31.351	346.276	749.561	9.308	18.331	2.906	106.850	1.709	0.000	169.200	2.257	336.070	16.459	0.000	50.504	3.525
PIZZA, PEPP ELEM	each	28.734	316.853	483.185	9.000	15.123	2.224	0.550	0.009	0.000	169.200	1.735	335.340	15.740	0.000	43.499	3.003
Popcorn Chicken 104 SV/CS	Serving	20.000	270.000	640.000	3.000	19.000	0.000	*	*	0.100	423.000	1.440	20.000	13.000	0.000	70.000	3.000
SALAD, MIXED GREENS	each	15.296	68.798	25.854	0.000	3.627	0.000	11,820.622	46.510	*	*	1.756	65.395	0.608	0.000	0.000	5.596
SALSA, FRESH	Serving	1.811	9.101	195.810	0.001	0.369	0.951	386.345	1.139	0.000	56.523	0.156	5.093	0.013	0.000	0.000	0.393
Tacos, Chicken	Serving	16.570	256.151	426.370	3.803	23.574	1.523	72.081	0.000	0.000	429.593	1.142	110.583	9.893	0.000	106.607	2.000
Tamale and Sunflower Seeds (Allergen Free)	Serving	37.000	480.000	745.000	3.000	17.000	6.000	2,000.000	1.200	0.000	249.993	2.880	80.000	31.000	0.000	35.000	5.000
TAPATIO	each	0.000	0.000	110.000	0.000	0.000	0.000	0.000	0.000	*	*	0.000	0.000	0.000	0.000	0.000	0.000
TAQUITOS, BEEF	Servings	31.800	323.000	152.000	2.000	26.200	0.000	0.000	0.000	0.000	0.000	2.740	64.000	10.000	0.000	50.000	5.200
TOMATOES, CHERRY	each	2.907	13.262	3.774	0.000	0.663	0.000	632.993	10.201	*	*	0.204	7.600	0.152	0.000	0.000	0.908
Turkey and Cheese Sub	EACH	37.367	330.045	951.159	2.528	29.016	7.630	2,139.364	14.300	0.000	542.991	1.406	243.909	8.450	0.000	52.500	4.473
YOGURT & GRANOLA	each	86.700	480.024	183.302	2.245	11.609	44.400	0.000	2.411	0.000	155.073	0.670	200.885	9.453	0.000	0.000	3.722

Menu Nutrient Analysis

Fall 2023 Middle School Lunch

Recipe	Portion Size	Carb (g)	Calories (Kcal)	Sodium (mg)	Saturated Fat (g)	Protein (g)	Sugar (g)	Vitamin A (IU)	Vitamin C (mg)	Vitamin D (IU)	Potassium (mg)	Iron (mg)	Calcium (mg)	Total Fat (g)	Trans Fat (g)	Cholesterol (mg)	Fiber (g)
APPLE	each	7.5	28.0	0.5	0.0	0.1	0.0	29.2	2.5	*	*	0.1	3.2	0.1	0.0	0.0	1.3
BBQ SAUCE	each	7.0	35.0	150.0	0.0	0.0	6.0	0.0	0.0	*	*	0.0	0.0	0.0	0.0	0.0	0.0
BEAN & CHEESE PUPUSA	each	35.0	290.0	480.0	3.5	13.0	1.0	4.0	2.0	*	*	6.0	20.0	11.0	0.0	15.0	4.0
BEEF TAQUITOS W/CHZ	Servings	31.8	380.2	243.1	5.0	29.7	0.0	144.3	0.0	0.0	0.0	2.8	165.3	14.6	0.0	65.2	5.2
BLACK BEAN BURGER - SPICY BLACK BEAN BURGER	Servings	45.0	300.0	590.0	1.0	21.0	5.0	0.0	0.0	0.0	282.0	2.9	120.0	7.0	0.0	4.0	8.0
Burrito, Chicken	Serving	30.6	396.9	785.3	6.9	27.5	2.5	149.6	0.0	0.0	429.6	3.2	213.0	17.3	0.0	114.8	4.0
CARROTS, BABY	each	4.6	20.0	44.0	0.0	0.3	0.0	7,818.0	1.5	*	*	0.5	18.0	0.1	0.0	0.0	1.6
CELERY	each	1.5	8.1	40.4	0.0	0.3	0.7	226.7	1.6	*	*	0.1	20.2	0.1	0.0	0.0	0.8
CHEESEBURGER, 3 ounce	each	31.8	343.0	834.0	5.2	26.4	4.2	0.0	0.0	0.0	60.0	3.5	158.5	13.7	0.0	63.5	3.1
CHEESY BEANS	each	15.6	118.9	197.9	1.5	6.9	1.1	210.4	1.4	0.0	329.0	1.5	78.8	2.7	0.0	7.6	3.6
CHICKEN SANDWICH	each	47.0	370.0	880.0	1.5	25.0	4.0	188.0	0.0	*	*	2.9	100.0	10.0	0.0	50.0	5.0
CHICKEN TENDERS, HOT & SPICY w/ Texas Toast (Mids/ Highs)	servings	22.0	320.0	485.0	2.5	23.0	3.0	0.0	0.0	*	130.0	1.4	0.0	15.5	0.0	50.0	3.0
Cookie, WG Chocolate Chip	Serving	23.8	148.0	96.5	1.6	2.1	11.4	50.0	0.0	*	*	0.8	10.5	5.3	0.0	18.9	1.5
CORN WHOLE KERNEL	each	15.0	65.0	15.0	0.0	2.0	3.0	36.9	1.3	*	*	0.4	3.2	1.0	0.0	0.0	2.0
CUCUMBERS	each	1.8	10.1	1.7	0.0	0.5	1.2	60.5	2.7	*	*	0.2	11.8	0.1	0.0	0.0	0.6
DRESSING, ITALIAN	Serving	0.0	134.7	2.5	2.2	0.0	0.0	0.0	0.0	*	*	0.0	0.3	15.6	0.0	0.0	0.0
DRESSING, RANCH	Serving	0.5	62.6	86.7	0.9	0.3	0.4	3.6	0.1	*	*	0.0	9.5	6.5	0.0	3.3	0.0
Golden Crispy Chicken Tenders & Texas Toast (Mids/ Highs)	Serving	20.0	210.0	325.0	1.5	13.0	2.0	0.0	0.0	0.0	510.0	0.7	0.0	9.5	0.0	20.0	2.0
HAMBURGER, 3 ounce	Each	29.8	308.0	689.0	3.9	23.9	3.2	0.0	0.0	0.0	0.0	3.5	88.0	11.4	0.0	56.0	3.1
JALAPENOS, SLICED	each	1.0	5.0	509.4	0.0	0.0	0.0	1,699.4	2.4	*	*	0.7	19.4	0.0	0.0	0.0	0.0
JUICE, APPLE	each	14.0	55.0	13.0	0.0	0.0	13.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
JUICE, APPLEBERRY	each	14.0	55.0	15.0	0.0	0.0	13.0	0.0	0.0	0.0	141.0	0.0	0.0	0.0	0.0	0.0	0.0
JUICE, CHERRY	EACH	15.0	55.0	15.0	0.0	0.0	15.0	0.0	30.0	0.0	141.0	0.0	0.0	0.0	0.0	0.0	0.0
KETCHUP	each	2.5	9.1	81.6	0.0	0.1	1.9	47.4	0.4	*	*	0.0	1.4	0.0	0.0	0.0	0.0
LETT, TOM, PICKLES - LETTUCE, TOMATO, PICKLE CUP	each	1.8	8.3	115.3	0.0	0.4	0.8	1,536.1	4.4	*	*	0.2	15.4	0.1	0.0	0.0	0.7
Mac & Cheese W/ Texas Toast, MS/ HS	#5 Scoop	40.7	376.6	649.6	8.1	19.2	6.7	0.0	0.0	*	130.0	1.0	496.0	14.9	0.0	38.2	2.9
MAYONNAISE	each	1.0	80.0	70.0	1.0	0.0	0.0	0.0	0.0	*	*	0.0	0.0	9.0	0.0	5.0	0.0
MILK, 1% WHITE	each	16.0	120.0	150.0	1.5	11.0	14.0	500.0	2.4	*	*	0.0	350.0	2.5	0.0	15.0	0.0
MILK, NF CHOCOLATE	each	20.0	110.0	135.0	0.0	8.0	18.0	500.0	0.0	*	*	0.7	250.0	0.0	0.0	0.0	0.0
MILK, NONFAT WHITE	each	12.0	90.0	135.0	0.0	9.0	12.0	500.0	2.4	*	*	0.0	300.0	0.0	0.0	0.0	0.0
Mustard, Packet	packet	0.0	0.0	55.0	0.0	0.0	*	*	*	*	*	*	*	0.0	0.0	0.0	0.0
ORANGE CHICKEN MID/H - ORANGE CHICKEN MID/HS	each	67.4	381.1	291.8	0.5	15.2	10.2	0.0	1.2	*	0.0	0.7	0.0	5.1	0.0	40.8	2.0
ORANGE, FRESH	each	10.3	41.9	0.0	0.0	0.8	0.0	202.0	47.4	*	*	0.1	35.7	0.1	0.0	0.0	2.1
OVEN FRIES MCCAIN	each	17.0	100.0	20.0	0.5	1.0	1.0	*	*	*	282.0	0.3	10.0	4.0	0.0	0.0	1.0
PB & J Sandwich, 5.3 oz	Each	64.0	600.0	540.0	6.0	18.0	29.0	0.0	0.0	0.0	484.0	2.7	60.0	34.0	0.0	0.0	7.0
PB, Cheese, Apple, Cracker Bento Box	box	60.0	570.0	720.0	8.0	26.0	26.0	0.0	2.4	*	188.0	7.6	118.0	27.0	0.0	26.0	6.0
PEAR, FRESH	each	27.1	101.5	1.8	0.0	0.6	17.4	44.5	7.7	*	*	0.3	16.0	0.2	0.0	0.0	5.5
PIZZA, CHEESE M/H	each	35.8	377.3	540.3	10.5	18.2	2.8	0.7	0.0	0.0	211.5	2.2	419.2	17.9	0.0	50.6	3.8
PIZZA, MEAT LOVERS MDS/HIGHS	each	39.2	432.8	937.0	11.6	22.9	3.6	133.6	2.1	0.0	211.5	2.8	420.1	20.6	0.0	63.1	4.4
PIZZA, PEPP M/H	each	35.9	396.1	604.0	11.3	18.9	2.8	0.7	0.0	0.0	211.5	2.2	419.2	19.7	0.0	54.4	3.8
SALAD, CAESAR CHICKEN	each	43.1	439.3	1,360.2	4.4	29.4	6.9	22,528.3	9.9	0.0	*	1.9	183.3	16.2	0.0	84.5	6.5
SALAD, MIXED GREENS	each	15.3	68.8	25.9	0.0	3.6	0.0	11,820.6	46.5	*	*	1.8	65.4	0.6	0.0	0.0	5.6
SALSA, FRESH	Serving	1.8	9.1	195.8	0.0	0.4	1.0	386.3	1.1	0.0	56.5	0.2	5.1	0.0	0.0	0.0	0.4
SUB, HAM & CHEESE (Galassos Steak Roll)	each	40.6	290.8	802.3	2.9	17.7	9.8	2,822.4	25.5	0.0	120.0	2.1	252.1	7.3	0.0	33.0	5.5
Tamale and Sunflower Seeds (Allergen Free)	Serving	37.0	480.0	745.0	3.0	17.0	6.0	2,000.0	1.2	0.0	250.0	2.9	80.0	31.0	0.0	35.0	5.0
TAPATIO	each	0.0	0.0	110.0	0.0	0.0	0.0	0.0	0.0	*	*	0.0	0.0	0.0	0.0	0.0	0.0
TOMATOES, CHERRY	each	2.9	13.3	3.8	0.0	0.7	0.0	633.0	10.2	*	*	0.2	7.6	0.2	0.0	0.0	0.9

Menu Nutrient Analysis Fall 2023 High School Lunch

Recipe	Portion Size	Carb (g)	Calories (Kcal)	Sodium (mg)	Saturated Fat (g)	Protein (g)	Sugar (g)	Vitamin A (IU)	Vitamin C (mg)	Vitamin D (IU)	Potassium (mg)	Iron (mg)	Calcium (mg)	Total Fat (g)	Trans Fat (g)	Cholesterol (mg)	Fiber (g)
APPLE	each	7.50	28.04	0.51	0.00	0.14	0.00	29.23	2.49	*	*	0.06	3.24	0.08	0.00	0.00	1.30
BBQ SAUCE	each	7.00	35.00	150.00	0.00	0.00	6.00	0.00	0.00	*	*	0.00	0.00	0.00	0.00	0.00	0.00
BEAN & CHEESE PUPUSA	each	35.00	290.00	480.00	3.50	13.00	1.00	4.00	2.00	*	*	6.00	20.00	11.00	0.00	15.00	4.00
BEEF TAQUITOS W/CHZ	Servings	31.80	380.21	243.13	5.04	29.74	0.00	144.28	0.00	0.00	0.00	2.83	165.25	14.56	0.00	65.19	5.20
BLACK BEAN BURGER - SPICY BLACK BEAN BURGER	Servings	45.00	300.00	590.00	1.00	21.00	5.00	0.00	0.00	0.00	282.00	2.88	120.00	7.00	0.00	4.00	8.00
Burrito, Chicken	Serving	30.57	396.89	785.33	6.94	27.48	2.52	149.60	0.00	0.00	429.59	3.19	212.98	17.34	0.00	114.77	4.00
CARROTS, BABY	each	4.60	20.00	44.00	0.00	0.30	0.00	7,818.00	1.47	*	*	0.50	18.00	0.07	0.00	0.00	1.60
CELERY	each	1.50	8.08	40.40	0.02	0.35	0.68	226.75	1.57	*	*	0.10	20.20	0.09	0.00	0.00	0.81
CHEESEBURGER, 3 ounce	each	31.80	343.00	834.00	5.15	26.40	4.20	0.00	0.00	0.00	60.00	3.50	158.50	13.65	0.00	63.50	3.10
CHEESY BEANS	each	15.56	118.92	197.88	1.52	6.89	1.05	210.41	1.44	0.00	329.00	1.50	78.82	2.66	0.00	7.59	3.62
CHICKEN PATTY SANDWICH, HOT & SPICY	Servings	38.00	350.00	600.00	2.00	26.00	4.00	0.00	0.00	*	*	2.80	80.00	12.00	0.00	45.00	4.00
CHICKEN SANDWICH	each	47.00	370.00	880.00	1.50	25.00	4.00	188.00	0.00	*	*	2.88	100.00	10.00	0.00	50.00	5.00
CHICKEN TENDERS, HOT & SPICY w/ Texas Toast (Mids/ Highs)	servings	22.00	320.00	485.00	2.50	23.00	3.00	0.00	0.00	*	130.00	1.40	0.00	15.50	0.00	50.00	3.00
Cookie, WG Chocolate Chip	Serving	23.80	148.00	96.50	1.60	2.10	11.40	50.00	0.00	*	*	0.78	10.47	5.30	0.00	18.90	1.50
CORN WHOLE KERNEL	each	15.00	65.00	15.00	0.00	2.00	3.00	36.90	1.30	*	*	0.40	3.20	1.00	0.00	0.00	2.00
CUCUMBERS	each	1.82	10.08	1.68	0.01	0.50	1.16	60.50	2.69	*	*	0.19	11.77	0.13	0.00	0.00	0.59
DRESSING, ITALIAN	Serving	0.01	134.72	2.45	2.22	0.00	0.00	0.00	0.00	*	*	0.00	0.32	15.61	0.00	0.00	0.00
DRESSING, RANCH	Serving	0.47	62.56	86.73	0.91	0.27	0.40	3.55	0.11	*	*	0.00	9.50	6.51	0.00	3.25	0.01
Golden Crispy Chicken Tenders & Texas Toast (Mids/ Highs)	Serving	20.00	210.00	325.00	1.50	13.00	2.00	0.00	0.00	0.00	510.00	0.72	0.00	9.50	0.00	20.00	2.00
HAMBURGER, 3 ounce	Each	29.80	308.00	689.00	3.90	23.90	3.20	0.00	0.00	0.00	0.00	3.50	88.00	11.40	0.00	56.00	3.10
JALAPENOS, SLICED	each	0.97	4.95	509.39	0.00	0.00	0.00	1,699.39	2.39	*	*	0.72	19.39	0.00	0.00	0.00	0.00
JUICE, APPLE	each	14.00	55.00	13.00	0.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
JUICE, APPLEBERRY	each	14.00	55.00	15.00	0.00	0.00	13.00	0.00	0.00	0.00	141.00	0.00	0.00	0.00	0.00	0.00	0.00
JUICE, CHERRY	EACH	15.00	55.00	15.00	0.00	0.00	15.00	0.00	30.00	0.00	141.00	0.00	0.00	0.00	0.00	0.00	0.00
KETCHUP	each	2.47	9.09	81.63	0.00	0.09	1.91	47.43	0.37	*	*	0.03	1.35	0.01	0.00	0.00	0.03
LETT, TOM, PICKLES - LETTUCE, TOMATO, PICKLE CUP	each	1.81	8.31	115.31	0.02	0.43	0.82	1,536.05	4.41	*	*	0.24	15.41	0.09	0.00	0.00	0.72
Mac & Cheese W/ Texas Toast, MS/ HS	#5 Scoop	40.71	376.62	649.62	8.13	19.22	6.72	0.00	0.00	*	130.00	0.95	496.00	14.95	0.00	38.15	2.91
MAYONNAISE	each	1.00	80.00	70.00	1.00	0.00	0.00	0.00	0.00	*	*	0.00	0.00	9.00	0.00	5.00	0.00
MILK, 1% WHITE	each	16.00	120.00	150.00	1.50	11.00	14.00	500.00	2.40	*	*	0.00	350.00	2.50	0.00	15.00	0.00
MILK, NF CHOCOLATE	each	20.00	110.00	135.00	0.00	8.00	18.00	500.00	0.00	*	*	0.72	250.00	0.00	0.00	0.00	0.00
MILK, NONFAT WHITE	each	12.00	90.00	135.00	0.00	9.00	12.00	500.00	2.40	*	*	0.00	300.00	0.00	0.00	0.00	0.00
Mustard, Packet	packet	0.00	0.00	55.00	0.00	0.00	*	*	*	*	*	*	*	0.00	0.00	0.00	0.00
ORANGE CHICKEN MID/H - ORANGE CHICKEN MID/HS	each	67.39	381.09	291.76	0.51	15.23	10.21	0.00	1.23	*	0.00	0.74	0.00	5.06	0.00	40.82	2.00
ORANGE, FRESH	each	10.31	41.91	0.00	0.00	0.82	0.00	201.99	47.41	*	*	0.09	35.73	0.10	0.00	0.00	2.06
OVEN FRIES MCCAIN	each	17.00	100.00	20.00	0.50	1.00	1.00	*	*	*	282.00	0.30	10.00	4.00	0.00	0.00	1.00
PB & J Sandwich, 5.3 oz	Each	64.00	600.00	540.00	6.00	18.00	29.00	0.00	0.00	0.00	484.00	2.70	60.00	34.00	0.00	0.00	7.00
PB, Cheese, Apple, Cracker Bento Box	box	60.00	570.00	720.00	8.00	26.00	26.00	0.00	2.40	*	188.00	7.60	118.00	27.00	0.00	26.00	6.00
PEAR, FRESH	each	27.11	101.46	1.78	0.04	0.64	17.36	44.50	7.65	*	*	0.32	16.02	0.25	0.00	0.00	5.52
PIZZA, CHEESE M/H	each	35.79	377.32	540.25	10.50	18.15	2.78	0.70	0.01	0.00	211.50	2.17	419.18	17.93	0.00	50.63	3.75
PIZZA, MEAT LOVERS MDS/HIGHS	each	39.19	432.85	936.95	11.64	22.91	3.63	133.55	2.14	0.00	211.50	2.82	420.08	20.57	0.00	63.13	4.41
PIZZA, PEPP M/H	each	35.92	396.07	603.98	11.25	18.90	2.78	0.70	0.01	0.00	211.50	2.17	419.18	19.67	0.00	54.37	3.75
SALAD, CAESAR CHICKEN	each	43.08	439.32	1,360.23	4.36	29.39	6.88	22,528.31	9.88	0.00	*	1.91	183.30	16.20	0.00	84.46	6.47
SALAD, MIXED GREENS	each	15.30	68.80	25.85	0.00	3.63	0.00	11,820.62	46.51	*	*	1.76	65.40	0.61	0.00	0.00	5.60
SALSA, FRESH	Serving	1.81	9.10	195.81	0.00	0.37	0.95	386.35	1.14	0.00	56.52	0.16	5.09	0.01	0.00	0.00	0.39
SUB, HAM & CHEESE (Galassos Steak Roll)	each	40.56	290.81	802.26	2.85	17.74	9.79	2,822.42	25.53	0.00	119.99	2.06	252.11	7.26	0.00	33.00	5.46
Tamale and Sunflower Seeds (Allergen Free)	Serving	37.00	480.00	745.00	3.00	17.00	6.00	2,000.00	1.20	0.00	249.99	2.88	80.00	31.00	0.00	35.00	5.00
TAPATIO	each	0.00	0.00	110.00	0.00	0.00	0.00	0.00	0.00	*	*	0.00	0.00	0.00	0.00	0.00	0.00
TOMATOES, CHERRY	each	2.91	13.26	3.77	0.00	0.66	0.00	632.99	10.20	*	*	0.20	7.60	0.15	0.00	0.00	0.91