

# Fall 2021 Menu

Bobier, Foothill Oak August 18 - November 5, 2021

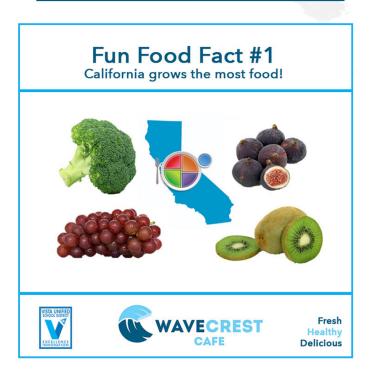
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 8/18 & 8/30; 9/13 & 9/27; 10/11 & 10/25					
BREAKFAST	Benefit Bar, Cheese Quesadilla, OR Assorted Cereal	Pan Dulce, Sausage & Cheese Biscuit, OR Assorted Cereal	Banana Bread, Egg & Cheese Burrito, OR Assorted Cereal	Mini Pancakes, Ham & Cheese Breakfast Sandwich, OR Assorted Cereal	Bagel & Cream Cheese, Sausage & Cheese Burrito, OR Assorted Cereal
LUNCH	Chicken Sandwich (Reg. or Spicy) OR Yogurt & Granola	WaveCrest Pizza (various options) OR Yogurt & Granola	Chicken Curry OR Yogurt & Granola	Chicken Corndog OR Yogurt & Granola	Grilled Cheese Sandwich OR Yogurt & Granola; COOKIE DAY!
Week 2 8/23; 9/7 & 9/20; 10/4 & 10/18; 11/1					
BREAKFAST	Benefit Bar, Cheese Quesadilla, OR Assorted Cereal	Pan Dulce, Sausage & Cheese Biscuit, OR Assorted Cereal	Banana Bread, Egg & Cheese Burrito, OR Assorted Cereal	Mini Pancakes, Ham & Cheese Breakfast Sandwich, OR Assorted Cereal	Bagel & Cream Cheese, Sausage & Cheese Burrito, OR Assorted Cereal
LUNCH	Brunch for Lunch: French Toast & Sausage OR Yogurt & Granola	WaveCrest Pizza (various options) OR Yogurt & Granola	Carnitas Burrito OR Yogurt & Granola	Hamburger, Cheeseburger, VeggieBurger, OR Yogurt & Granola	Popcorn Chicken OR Yogurt & Granola; COOKIE DAY!

### **MEAL PRICES**

Student meals are offered at NO COST through the 2021-22 school year via a special waiver by the USDA.

#### **ADULT MEALS**

Breakfast: \$3.00 | Lunch: \$4.50 | Milk: \$0.35



**PIZZA OFFERINGS** Always: Cheese, Pepperoni Aug/Sept: Veggie Lovers Oct/Nov: Meat Lovers



#### Fresh, seasonal California-grown fruits offered each week:

Apples, grapes, plums, pears, oranges, persimmons, tangerines, dried fruit, and bananas.



Fresh vegetables offered each week may include: Romaine lettuce, baby carrots, tomatoes, bell peppers, cucumber, fresh salsa, beans, corn, mixed greens, broccoli



#### **HEALTH & LEARNING SUCCESS GO HAND-IN-HAND**

Eating fruits and vegetables helps your child grow, be healthy, and do well in school. Encourage your child to get 60 minutes of physical activity every day.

## FOR INFORMATION, CONTACT:

**Child Nutrition Services** (760) 726-2170 x 92400 info@wavecrestcafe.com www.WaveCrestCafe.com



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