

Virtual Meal Service Menu

Summer 2021: June 16 - August 11

Bulk items provided for
7 days of breakfast & lunch

Week 1: 6/16; 7/14; 8/11

Bagels &
Cream Cheese



Rotini &
Meat Sauce



Assorted Fruits
& Vegetables



1 Gallon
Milk

Recommended Servings

Breakfast: 1/2 bagel;
1 oz. cream cheese
Lunch: 7 oz. rotini & meat sauce
Assorted fruits & veggies

Week 2: 6/23; 7/21

Recommended Servings

Breakfast: 1/2 English muffin
Lunch: 3 oz. chicken & 1 cup rice
Assorted fruits & veggies



Assorted Fruits
& Vegetables



1 Gallon
Milk



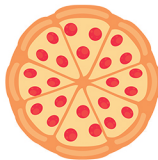
Teriyaki Chicken
& Rice

English
Muffins



Week 3: 6/30; 7/28

Cereal



Pizza
(cheese or pepperoni)



Assorted Fruits
& Vegetables



1 Gallon
Milk

Recommended Servings

Breakfast: 1 cup cereal;
8 oz. milk
Lunch: 1 slice pizza
Assorted fruits & veggies

Week 4: 7/7; 8/4

Recommended Servings

Breakfast: 1 pancake daily;
Lunch: 3 oz. Orange chicken
and 1 cup rice
Assorted fruits & veggies



Assorted Fruits
& Vegetables

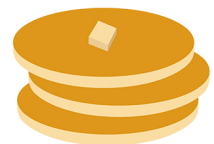


1 Gallon
Milk



Orange Chicken
& Rice

Pancakes



WEDNESDAYS 11AM - 1PM:

Foothill Oak; Grapevine; Luz Duran Park;
Rancho Buena Vista High School; VAPA; Vista High School

This institution is an equal opportunity provider.
Esta institución es un proveedor de igualdad de oportunidades.
Menu subject to change. Menú sujeto a cambios



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