

<b>Elementary School Entrées</b>	<b>Serving Size</b>	<b>Calories</b>	<b>Carbohydrates (grams)</b>	<b>Total Fat (grams)</b>	<b>Saturated Fat (grams)</b>	<b>Fiber (grams)</b>	<b>Protein (grams)</b>	<b>Allergens*</b>
Bean Burrito	1 Each	360	55	11	2	7	13	W, S
Carnitas Street Tacos	2 Tacos	261	16	8	3	3	20	Pork
Cheese & Green Chile Tamale	1 Each	353	27	24	12	2	9	D, S
Cheese Quesadilla	1 Each	368	27	20	10	4	18	D,W
Cheeseburger	1 Each	400	30	19	7	3	31	D,W
Chicken Bites	4 Pieces	222	15	8	1	2	19	W
Chicken Sandwich	1 Each	370	47	10	2	5	25	W
Orange Chicken (No Rice)	4 oz	150	19	3	1	0	11	E, S, W
Rice	3/4 Cup	146	31	0	0	1	4	none
Pizza, Cheese	1 Slice	287	28	12	5	3	17	D, W
Pizza, Pepperoni	1 Slice	300	28	13	5	3	17	D, W, Pork
Pulled Pork Gyro	1 Each	365	26	14	7	4	25	D, W, Pork
Spicy Black Bean Burger	1 Each	310	44	9	1	8	21	D, S, E, W
Yogurt & Granola	1 Each	367	66	8	2	2	9	D, S
<b>Breakfast</b>								
Bagel & Cream Cheese	1 Each	285	43	8	5	5	12	W
Banana Chocolate Chip Oatmeal Round	1 Each	280	39	12	4	4	5	D, E, S, W
Benefit Bar	1 Each	290	47	9	3	3	5	D, E, S, W
Burrito, Chorizo Egg	1 Each	210	22	9	3	3	10	D,E,S,W
Burrito, Egg, Potato, & Cheese	1 Each	407	38	19	9	5	17	D,E,W
Burrito, Sausage & Cheese	1 Each	354	26	19	9	4	18	D, W, Pork
Cereal, Corn Chex	2 cups	230	53	2	0	3	4	none
Cereal, Honey Nut Cheerios	1.5 cups	220	44	3	0	4	4	T
Cereal, Mini Wheats	1.25 cups	220	53	1	0	7	6	W
Mini Cinis	1 Each	240	40	7	2	3	4	D,W
Muffin, Blueberry	1 Each	310	52	9	1	2	5	D,E,S,W
Muffin, Chocolate Chip	1 Each	330	54	11	3	2	7	D,E,S,W
Pan Dulce	1 Each	200	34	6	2	2	5	D, E, S, W
Pancakes, 2 Pack	2 Pack	160	29	3	0	1	4	D, E, S, W
Pizza Toast	1 Each	185	15	9	4	2	12	D, S, W, Pork
Yogurt Parfait, Berry Crisp	1 Each	279	57	3	1	5	7	D
Yogurt Parfait, Orchard Crunch	1 Each	221	41	4	1	3	5	D

**\*ALLERGENS NOTED: D = Dairy, E = Eggs, F = Fish, P = Peanuts, S = Soy, T = Treenuts, W = Wheat, Pork=Pork**