## WaveCrest Café Supper Meals

## February 2021

Students will receive a supper meal kit providing 3/4 cup fruit/juice and/or vegetable, 8 oz milk, 1 oz whole grain, and 2 oz protein.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
February 1- 5	Churro Yogurt & Seeds Fruit Paradise Punch Milk	Turkey Jerky Sticks String Cheese Tortilla Chips Fruit Paradise Punch Milk	Tuna Cup Tortilla Chips Fruit Paradise Punch Milk	Cheese Sauce Refried Beans Tortilla Chips Fruit Paradise Punch Milk	Mini Cinni Yogurt & Seeds Fruit Paradise Punch Milk	Crunch Mania Yogurt & Seeds Fruit Paradise Punch Milk	Chocolate Elf Grahams Seeds & String Cheese Fruit Cup Paradise Punch Milk
February 8- 12	Mini Cinni Yogurt & Seeds Fruit Paradise Punch Milk	Tuna Cup Tortilla Chips Fruit Paradise Punch Milk	Churro Yogurt & Seeds Fruit Paradise Punch Milk	Turkey Jerky Sticks String Ceese Tortilla Chips Fruit Paradise Punch Milk	NO SCHOOL -VIRTUAL SITES ONLY Cheese Sauce Refried Beans Tortilla Chips Fruit Paradise Punch Milk	Crunch Mania Yogurt & Seeds Fruit Paradise Punch Milk	Chocolate Elf Grahams Seeds & String Cheese Fruit Cup Paradise Punch Milk
February 15-19	NO SCHOOL- VIRTUAL SITES ONLY Churro Yogurt & Seeds Fruit Paradise Punch Milk	Turkey Jerky Sticks String Cheese Tortilla Chips Fruit Paradise Punch Milk	Tuna Cup Tortilla Chips Fruit Paradise Punch Milk	Cheese Sauce Refried Beans Tortilla Chips Fruit Paradise Punch Milk	Mini Cinni Yogurt & Seeds Fruit Paradise Punch Milk	Crunch Mania Yogurt & Seeds Fruit Paradise Punch Milk	Chocolate Elf Grahams Seeds & String Cheese Fruit Cup Paradise Punch Milk
February 22-26	Mini Cinni Yogurt & Seeds Fruit Paradise Punch Milk	Tuna Cup Tortilla Chips Fruit Paradise Punch Milk	Churro Yogurt & Seeds Fruit Paradise Punch Milk	Turkey Jerky Sticks String Cheese Tortilla Chips Fruit Paradise Punch Milk	Cheese Sauce Refried Beans Tortilla Chips Fruit Paradise Punch Milk	Crunch Mania Yogurt & Seeds Fruit Paradise Punch Milk	Chocolate Elf Grahams Seeds & String Cheese Fruit Cup Paradise Punch Milk

If meal counts are higher than expected, backup meals will be offered.

Menu subject to change.

This institution is an equal opportunity provider.

CONTAINS PEANUTS

Questions? Please contact us at (760) 726-2170 x92400 www.wavecrestcafe.com