

French Toast Sticks Reheating Instructions

FROZEN DISH

Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 350 degrees. Remove meal from wrapper and place in oven-safe dish or on foil-lined baking sheet. Heat for 10-12 minutes, or until reaches 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from container and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

THAWED DISH

Thawing Instructions

Place frozen meal in refrigerator 24 hours prior to mealtime.

Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

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Sausage & Cheese Muffin Reheating Instructions

FROZEN DISH

Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 325 degrees. Remove meal from wrapper and place in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

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THAWED DISH

Thawing Instructions

Place frozen meal in refrigerator 24 hours prior to mealtime.

Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

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Sausage and Cheese Burrito Reheating Instructions

FROZEN DISH

Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 325 degrees. Remove meal from wrapper and place in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

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Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

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Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from wrapper and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 5 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Pizza Toast Reheating Instructions

FROZEN DISH

Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 350 degrees. Remove meal from wrapper and place in oven-safe dish or on foil-lined baking sheet. Heat for 5 minutes, or until reaches 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from container and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 5 minutes. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

THAWED DISH

Thawing Instructions

Place frozen meal in refrigerator 24 hours prior to mealtime.

Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

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Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from wrapper and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 5 minutes. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve

Wavecrest Pizza Reheating Instructions

FROZEN DISH

Microwave Reheating Instructions

Remove meal from container and place on microwave-safe plate. Cover and heat for 1 minute on high power. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 350 degrees. Remove meal from container and place in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

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Preheat toaster oven to 350 degrees. Remove meal from container and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

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Toaster Oven Heating Instructions

Preheat toaster oven to 350 degrees. Remove meal from container and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 5 minutes. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Chicken Tenders Reheating Instructions

FROZEN DISH

Microwave Reheating Instructions

Remove meal from container and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 350 degrees. Remove meal from container and place in oven-safe dish or on foil-lined baking sheet. Heat for 9-12 minutes or until reaches 165 degrees. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat oven to 350 degrees. Remove meal from container and place in oven-safe dish or on foil-lined baking sheet. Heat for 9-12 minutes or until reaches 165 degrees. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

THAWED DISH

Thawing Instructions

Place frozen meal in refrigerator 24 hours prior to mealtime.

Microwave Reheating Instructions

Remove meal from container and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 350 degrees. Remove meal from container and place in oven-safe dish or on foil-lined baking sheet. Heat for 5 minutes. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat oven to 350 degrees. Remove meal from container and place in oven-safe dish or on foil-lined baking sheet. Heat for 5 minutes. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Hamburger Reheating Instructions

FROZEN DISH

Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 325 degrees. Remove meal from wrapper and place in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from container and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

THAWED DISH

Thawing Instructions

Place frozen meal in refrigerator 24 hours prior to mealtime.

Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 325 degrees. Remove meal from wrapper and place in oven-safe dish or on foil-lined baking sheet. Heat for 5 minutes. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from wrapper and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 5 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve

Popcorn Chicken Reheating Instructions

FROZEN DISH

Microwave Reheating Instructions

Remove meal from container and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 325 degrees. Remove meal from container and place in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from container and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

THAWED DISH

Thawing Instructions

Place frozen meal in refrigerator 24 hours prior to mealtime.

Microwave Reheating Instructions

Remove meal from container and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 325 degrees. Remove meal from container and place in oven-safe dish or on foil-lined baking sheet. Heat for 5 minutes, then turn over. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from container and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Grilled Cheese Reheating Instructions

FROZEN DISH

Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 350 degrees. Remove meal from wrapper and place in oven-safe dish or on foil-lined baking sheet. Heat for 6-8 minutes. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from container and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

THAWED DISH

Thawing Instructions

Place frozen meal in refrigerator 24 hours prior to mealtime.

Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 325 degrees. Remove meal from wrapper and place in oven-safe dish or on foil-lined baking sheet. Heat for 6-8 minutes. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from wrapper and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 5 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Bean Burrito Reheating Instructions

FROZEN DISH

Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 325 degrees. Remove meal from wrapper and place in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from container and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

THAWED DISH

Thawing Instructions

Place frozen meal in refrigerator 24 hours prior to mealtime.

Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 325 degrees. Remove meal from wrapper and place in oven-safe dish or on foil-lined baking sheet. Heat for 5 minutes, then turn over. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from wrapper and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 5 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Corn Dog Reheating Instructions

FROZEN DISH

Microwave Reheating Instructions

Remove meal from container and place on microwave-safe plate. Cover and heat for 30 seconds on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 350 degrees. Remove meal from container and place in oven-safe dish or on foil-lined baking sheet. Heat for 15 minutes, then turn over and heat for an additional 15 minutes. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 400 degrees. Remove meal from container and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

THAWED DISH

Thawing Instructions

Place frozen meal in refrigerator 24 hours prior to mealtime.

Microwave Reheating Instructions

Remove meal from container and place on microwave-safe plate. Cover and heat for 30 seconds on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 350 degrees. Remove meal from container and place in oven-safe dish or on foil-lined baking sheet. Heat for 9 minutes, then turn over and heat for an additional 9 minutes. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 400 degrees. Remove meal from container and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Cheese & Green Chile Tamale Reheating Instructions

FROZEN DISH

Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 350 degrees. Remove meal from wrapper and place in oven-safe dish or on foil-lined baking sheet. Heat for 20-25 minutes. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from container and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

THAWED DISH

Thawing Instructions

Place frozen meal in refrigerator 24 hours prior to mealtime.

Microwave Reheating Instructions

Remove meal from wrapper and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

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Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from wrapper and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 5 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Teriyaki Chicken Reheating Instructions

FROZEN DISH

Microwave Reheating Instructions

Remove meal from container and place on microwave-safe plate. Cover and heat for 1 minute on high power, then stir. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Stir, then let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 325 degrees. Remove meal from container and place in oven-safe dish. Heat for 10 minutes, then stir. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Stir, then let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from container and place meal in oven-safe dish. Heat for 10 minutes, then stir. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Stir, then let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

THAWED DISH

Thawing Instructions

Place frozen meal in refrigerator 24 hours prior to mealtime.

Microwave Reheating Instructions

Remove meal from container and place on microwave-safe plate. Cover and heat for 1 minute on high power, then stir. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Stir, then let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 325 degrees. Remove meal from container and place in oven-safe dish. Heat for 5 minutes, then stir. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Stir, then let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from container and place meal in oven-safe dish. Heat for 5 minutes, then stir. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Stir, then let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Bean & Rice Burrito Bowl Reheating Instructions

FROZEN DISH

Microwave Reheating Instructions

Remove meal from container and place on microwave-safe plate. Cover and heat for 1 minute on high power, then stir. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Stir, then let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 325 degrees. Remove meal from container and place in oven-safe dish. Heat for 10 minutes, then stir. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Stir, then let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

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Preheat oven to 325 degrees. Remove meal from container and place in oven-safe dish. Heat for 5 minutes, then stir. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Stir, then let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 325 degrees. Remove meal from container and place meal in oven-safe dish. Heat for 5 minutes, then stir. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Stir, then let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Fish Sticks and Fries Reheating Instructions

FROZEN DISH

Microwave Reheating Instructions

Remove meal from container and place on microwave-safe plate. Cover and heat for 1 minute on high power, then turn over. Continue to heat in microwave for 30 seconds at a time until 165 degrees, or hot throughout. Let sit for 1 minute, or until meal reaches a comfortable temperature, then serve.

Oven Heating Instructions (***Recommended**)

Preheat oven to 400 degrees. Remove meal from container and place in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

Toaster Oven Heating Instructions

Preheat toaster oven to 400 degrees. Remove meal from container and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.

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Preheat toaster oven to 400 degrees. Remove meal from container and place meal in oven-safe dish or on foil-lined baking sheet. Heat for 10 minutes, then turn over. Continue to heat in toaster oven for 5 minutes at a time until 165 degrees, or hot throughout. Let sit for 2 minutes, or until meal reaches a comfortable temperature, then serve.