

WaveCrest Café Supper Meals

November - December 2020

Students will receive a supper meal kit providing 3/4 cup fruit/juice and/or vegetable, 8 oz milk, 1 oz whole grain, and 2 oz protein.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 30- December 4	Cereal & Yogurt Seeds Fruit Paradise Punch Milk	Crunch Mania Yogurt & Seeds Fruit Paradise Punch Milk	Chocolate Elf Grahams Vanilla Yogurt & Mozz Cubes Canned Fruit Cup Paradise Punch Milk	Churro Sticks Trix Yogurt Mozz Cheese Fresh Fruit Paradise Punch Milk	Turkey Jerky Cheese & Crackers Fruit Paradise Punch Milk
December 7-11	Cereal & Yogurt Seeds Fruit Paradise Punch Milk	Crunch Mania Yogurt & Seeds Fruit Paradise Punch Milk	Chocolate Elf Grahams Vanilla Yogurt & Mozz Cubes Canned Fruit Cup Paradise Punch Milk	Churro Sticks Trix Yogurt Mozz Cheese Fresh Fruit Paradise Punch Milk	Turkey Jerky Cheese & Crackers Fruit Paradise Punch Milk
December 14-18	Cereal & Yogurt Seeds Fruit Paradise Punch Milk	Crunch Mania Yogurt & Seeds Fruit Paradise Punch Milk	Chocolate Elf Grahams Vanilla Yogurt & Mozz Cubes Canned Fruit Cup Paradise Punch Milk	Churro Sticks Trix Yogurt Mozz Cheese Fresh Fruit Paradise Punch Milk	Turkey Jerky Cheese & Crackers Fruit Paradise Punch Milk
December 21-25	WINTER BREAK				
December 28- January 1	WINTER BREAK				

If meal counts are higher than expected, backup meals will be offered.
Menu subject to change.

Questions? Please contact us at (760) 726-2170 x92400

This institution is an equal opportunity provider.

www.wavecrestcafe.com