

Kit provides: 2 oz M/MA, 1 oz WGR, & 1/2 c F or V = COMPLETE SUPPER
 OVS= 8 oz milk & 1/2 c vegetables

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mar 2-6	Frosted Mini Wheats, Yogurt, & Trail Mix	Turkey Sticks, Cheese Cubes, & Chips	Smuckers PB&J, String Cheese, & Carrots	Nature Valley Cinnamon Crisps, Vanilla Yogurt, & Roasted Seeds	Peanut Butter Cup, Colby Jack Cheese, Pretzel Goldfish, & Applesauce Cup
Recipe #	R-0940	R-0961	R-0650	R-0945	R-0939
M/MA (2 oz)	Strawberry Banana Yoplait Trix Cup (D) (18g)	2 Turkey Stick (1g) Cheddar Cubes (D)(0g)	Smuckers PB&J (P,W)(34g) & String Cheese (D)(1g)	4 oz Vanilla Yogurt (D)(20g) Salted Sunflower Seeds (4g)	Peanut Butter Cup (P) (8g) Colby Jack Cheese (D)(0g)
Grain (1 oz)	Frosted Mini Wheats Bowl (W) (24g)	2 oz Tortilla chips (none) (31g)		Cinnamon Crisps (D,S,W)(25g)	Pretzel Goldfish (D,W)(16g)
Fruit or Veg 1/2 cup	Sun-Berry Trail Mix (28g)	Apple Slices (8g)	Baby Carrots (4g)	Apple Slices (8g)	Applesauce Cup (14g)
Utensils	Spoon			Spoon	Spoon
total items:	4	5	3	7	5
Items provided by site:					
Veg (1/2 c)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)
Milk (8 oz)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)
Condiments			Ranch (D,E,W) (2g)		
Mar 9-13	Cinnamon Toast Crunch, Yogurt, & Trail Mix	Tuna & Tortilla Chips	Kellogg's CrunchMania, Vanilla Yogurt, Seeds, & Mango	Smuckers PB&J, String Cheese, & Carrots	Turkey Jerky Sticks, Colby Jack Cheese, & Crackers
Recipe #	R-0938	R-0960	R-0909	R-0650	R-0943
M/MA (2 oz)	Strawberry Banana Yoplait Trix Cup (D) (18g)	Tuna cup (F)(0g)	4 oz Vanilla Yogurt (D)(20g) Honey Seeds (10g)	Smuckers PB&J (P,W)(34g) String Cheese (D)(1g)	2 Turkey Stick (1g) Colby Jack Cheese (D)(0g)
Grain (1 oz)	Cinnamon Toast Crunch Bowl (S, W)(22g)	2 oz Tortilla chips (31g)	CrunchMania (D,S,W)(37 g)		Wheat Crackers (D,S,W)(28g)
Fruit or Veg 1/2 cup	Sun-Berry Trail Mix (28g)	Apple Slices (8g)	Fruti Fruit Mango Tube (13g)	Baby Carrots (4g)	Applesauce Cup (14g)
Utensils	Spoon	Spoon			Spoon
total items:	4	4	4	3	3
Items provided by site:					
Veg (1/2 c)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)
Milk (8 oz)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)
Condiments		Mayo (E,S)(1g)		Ranch (D,E,W) (2g)	
Mar 16-20	Cinnamon Chex, Yogurt, & Trail Mix	Smuckers PB&J, String Cheese, & Carrots	Turkey Sticks, Cheese Cubes, & Chips	Nature Valley Cinnamon Crisps, Vanilla Yogurt, & Roasted Seeds	Peanut Butter Cup, Colby Jack Cheese, Pretzel Goldfish, & Applesauce Cup
Recipe #	R-0785	R-0650	R-0961	R-0945	R-0939
M/MA (2 oz)	Strawberry Banana Yoplait Trix Cup (D) (18g)	Smuckers PB&J (P,W)(34g) String Cheese (D)(1g)	2 Turkey Stick (1g) Cheddar Cubes (D)(0g)	4 oz Vanilla Yogurt (D)(20g) Salted Sunflower Seeds (4g)	Peanut Butter Cup (P) (8g) Colby Jack Cheese (D)(0g)
Grain (1 oz)	Cinnamon Chex Bowl (S, W)(22g)		2 oz Tortilla chips (none) (31g)	Cinnamon Crisps (D,S,W)(25g)	Pretzel Goldfish (D,W)(16g)
Fruit or Veg 1/2 cup	Sun-Berry Trail Mix (28g)	Baby Carrots (4g)	Dried Cranberries (28 g)	Apple Slices (8g)	Applesauce Cup (14g)
Utensils	Spoon			Spoon	Spoon
total items:	4	3	5	7	5
Items provided by site:					
Veg (1/2 c)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)
Milk (8 oz)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)
Condiments		Ranch (D,E,W) (2g)			
Mar 23-27	Cinnamon Toast Crunch, Yogurt, & Trail Mix	Turkey Jerky Sticks, Colby Jack Cheese, & Crackers	Smuckers PB&J, String Cheese, & Carrots	Kellogg's CrunchMania, Vanilla Yogurt, Seeds, & Mango	Tuna & Tortilla Chips
Recipe #	R-0938	R-0943	R-0650	R-0909	R-0960
M/MA (2 oz)	Strawberry Banana Yoplait Trix Cup (D) (18g)	2 Turkey Stick (1g) Colby Jack Cheese (D)(0g)	Smuckers PB&J (P,W)(34g) String Cheese (D)(1g)	4 oz Vanilla Yogurt (D)(20g) Honey Seeds (10g)	Tuna cup (F)(0g)
Grain (1 oz)	Cinnamon Toast Crunch Bowl (S, W)(22g)	Wheat Crackers (D,S,W)(28g)		CrunchMania (D,S,W)(37 g)	2 oz Tortilla chips (31g)
Fruit or Veg 1/2 cup	Sun-Berry Trail Mix (28g)	Apple Slices (8g)	Baby Carrots (4g)	Fruti Fruit Mango Tube (13g)	Applesauce Cup (14g)
Utensils	Spoon	Spoon			Spoon
total items:	4	3	3	4	4
Items provided by site:					
Veg (1/2 c)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)	Mango or Strawberry Banana Swirl Juice (13g)
Milk (8 oz)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)
Condiments			Ranch (D,E,W) (2g)		Mayo (E,S)(1g)
Mar 30-31	MONDAY SPRING	TUESDAY BREAK			
Recipe #					
M/MA (2 oz)					
Grain (1 oz)					
Fruit or Veg 1/2 cup					
Utensils					
total items:					
Items provided by site:					
Veg (1/2 c)					
Milk (8 oz)					
Condiments					

This institution is an equal opportunity provider.

If meal counts are higher than expected, backup meals will be offered.
 Menu subject to change.