



### 3. Complete Workbook Activities

Note: These pages will look slightly different for each grade level. (10-15 min)

**Student Workbook Links**

[Kindergarten](#)  
 [1st Grade](#)  
 [2nd Grade](#)  
 [3rd Grade](#)  
 [4th Grade](#)  
 [5th Grade](#)

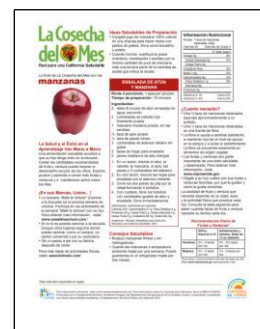
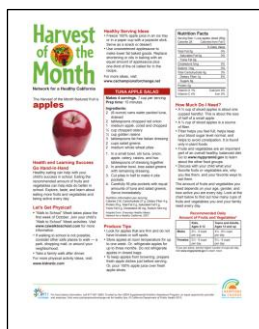


### 4. Utilize Educator Newsletter activity or activities of your choice for class discussion and engagement

(5-10 min)

Click [here](#) for *Educator Newsletter*

*Family Newsletter*: [ENGLISH](#) [SPANISH](#)



### 5. Garden with HOTM

Incorporate monthly gardening activities with your class. Follow the plan to grow some of your own HOTM items! Click [here](#)

### Additional Resources

Tasting Trio Booklet – Click [here](#) to check out Apple Trio and other easy *HOTM* recipes.

Lean and Green Kids: *The Daily Scoop* December Issue - Click [here](#)

Classroom Energizer: [Apple Tree](#)