



**WAVECREST**  
CAFE

and

**Harvest**  
of  **the**  
**Month™**

**are proud to feature...**

**Organic**

# Apples!

**Try them on Thursday at lunch!**



Pink Lady Apples

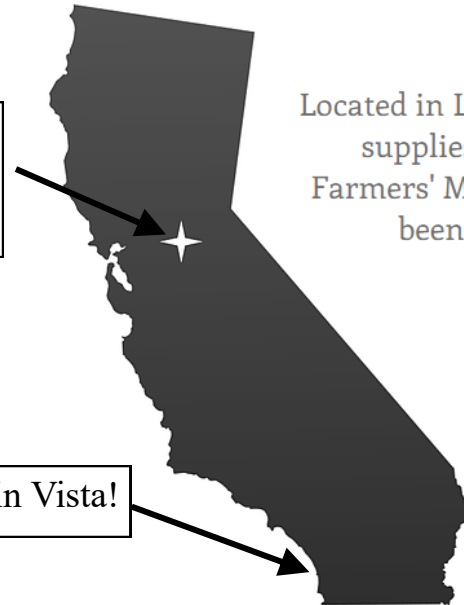


Aztec fujis



The Smit Family has been farming for over 40 years!!

Our apples are grown in the San Joaquin Valley. Enjoy one with your lunch today!



Located in Linden, California, Smit Farms supplies many of this state's Certified Farmers' Markets with tree fruit that has been sustainably grown since 1969.

Find Smit Farms apples at the Vista Farmer's Market on Saturday mornings and say hi to Matthew!

We are here in Vista!



For important nutrition information, visit [www.cachampionsforchange.net](http://www.cachampionsforchange.net). For food stamp information, call 877-847-3663. Funded by the USDA Supplemental Nutrition Assistance Program, an equal opportunity provider and employer. © California Department of Public Health 2009.

