

WaveCrest Café Supper Meals

May & June 2019

Students will receive a meal kit and can choose to have an 8 oz milk and 4 oz 100% juice or fruit.
Supper meals provide choice of 3/4 cup fruit/juice and/or vegetable, 8 oz milk, 1 oz whole grain, and 2 oz protein.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 29 - May 3	Cinnamon Toast Crunch Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk	Turkey Ham & Cheese Croissant Sandwich Apple Chips Baby Carrots Milk	Giant Chicken Dipper with Ranch Mango Swirl Juice Baby Carrots Milk	Jennie-O Turkey Stick & Colby Cheese, Fresh Fruit, Jalapeno Cheese Puffs Baby Carrots Milk
May 6 - 10	Frosted Mini Wheats Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk	Kellogg's CrunchMania Vanilla Yogurt & Cheddar Cubes Craisins Baby Carrots Milk"	Jalapeno Cheese Puffs, Roasted Seeds & Colby Cheese Mango Swirl Juice Baby Carrots Milk	Tuna Cup with Cheese Its Applesauce Cup Baby Carrots Milk
May 13 - 17	Cinnamon Chex Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk	Eggo Mini Pancake Dippers Hard Boiled Egg Strawberry Fruit Cups Baby Carrots Milk	Nature Valley Cinnamon Crisp Vanilla Yogurt & String Cheese Craisins Baby Carrots Milk"	Peanutbutter Cup & Hartzels Colby Jack Cheese Stick Apple Chips Baby Carrots Milk
May 20 - 24	Cinnamon Toast Crunch Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk	Turkey Ham & Cheese Croissant Sandwich Apple Chips Baby Carrots Milk	Yummy Chillin' Pepperoni Pizza! Mango Swirl Juice Baby Carrots Milk	NEW! Cheese Curds & Roasted Seeds with Wheat Crackers Applesauce Cup Baby Carrots Milk
May 27 - 31	HOLIDAY	Frosted Mini Wheats Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk	Giant Chicken Dipper with Ranch Mango Swirl Juice Baby Carrots Milk	Jennie-O Turkey Stick & Colby Cheese, Fresh Fruit, Jalapeno Cheese Puffs Baby Carrots Milk
June 3 - 6	Cinnamon Chex Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk	Nature Valley Cinnamon Crisp Vanilla Yogurt & Cheddar Cubes Craisins Baby Carrots Milk"	Tuna Cup & Wheat Crackers Mango Swirl Juice Baby Carrots Milk	SUMMER IS HERE!!!!

Menu subject to change.

"This institution is an equal opportunity provider."

CONTAINS PEANUTS

Questions? Please contact us at (760) 726-2170 x92400

www.wavecrestcafe.com