

WaveCrest Café Supper Meals

March 2019

Students will receive a meal kit and can choose to have an 8 oz milk and 4 oz 100% juice or fruit.
Supper meals provide choice of 3/4 cup fruit/juice and/or vegetable, 8 oz milk, 1 oz whole grain, and 2 oz protein.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Feb. 25 - Mar 1	Frosted Mini Wheats Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk	Turkey Ham & Cheese Croissant Sandwich Sliced Apples Baby Carrots Milk	Yummy Chillin' Pepperoni Pizza! Mango Swirl Juice Baby Carrots Milk	Peanutbutter Cup Nature Valley Cinnamon Crisps Colby Jack Cheese & Applesauce Cup Baby Carrots Milk
March 4 - 8	Cinnamon Chex Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk	Eggo Mini Pancake Dippers Hard Boiled Egg Strawberry Fruit Cups Baby Carrots Milk	Kellogg's CrunchMania Vanilla Yogurt & String Cheese Craisins Baby Carrots Milk	Jennie-O Turkey Stick & Colby Cheese, Fresh Fruit, Jalapeno Cheese Puffs Baby Carrots Milk
March 11 - 15	Cinnamon Toast Crunch Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk	Turkey Ham & Cheese Croissant Sandwich Apple Chips NEW!!!! Baby Carrots Milk	Giant Chicken Dipper with Ranch Mango Swirl Juice Baby Carrots Milk	Peanutbutter Cup & Mini Bagel Colby Jack Cheese Stick Applesauce Cup Baby Carrots Milk
March 18 - 22	Frosted Mini Wheats Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk	Kellogg's CrunchMania Vanilla Yogurt & Cheddar Cubes Craisins Baby Carrots Milk"	Nature Valley Cinnamon Crisps Vanilla Yogurt & String Cheese Mango Swirl Juice Baby Carrots Milk"	Tuna Cup & Wheat Crackers Apple Chips Baby Carrots Milk
March 25 - 29	SPRING BREAK				
April 1 - 5	Cinnamon Chex Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk	Eggo Mini Pancake Dippers Hard Boiled Egg Strawberry Fruit Cups Baby Carrots Milk	Kellogg's CrunchMania Vanilla Yogurt & String Cheese Craisins Baby Carrots Milk	Peanutbutter Cup & Nature Valley Cinnamon Crisps Colby Jack Cheese Stick Applesauce Cup Baby Carrots Milk

Menu subject to change.

"This institution is an equal opportunity provider."

CONTAINS PEANUTS

Questions? Please contact us at (760) 726-2170 x92400

www.wavecrestcafe.com