

SUPPER MEALS - March 2019

Kit provides: 2 oz M/MA, 1 oz WGR, & 1/2 c F or V = COMPLETE SUPPER

OVS= 8 oz milk & 1/2 c vegetables

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Feb. 25 - March 1	Frosted Mini Wheats & Yogurt & Seeds & Dried Cranberries	Smuckers PB&J, String Cheese, & Juice Kit	Turkey Ham Croissant Sandwich with Sliced Apples	Yummy Chillin' Pepperoni Pizza!	Peanutbutter Cup, Colby Jack Cheese, Cinnamon Crisps, & Applesauce cup
Recipe #	S15369	S15204	S15834		
M/MA (2 oz)	Strawberry Yoplait Go Big Yogurt tube (D) (18g)	Smuckers PB&J (P,W)(34g) & String Cheese (D)(1g)	Turkey Ham & Cheese Croissant Sandwich (D,S,W) (35g)	Pepperoni Pizza (D,S,W)(38g)	Peanutbutter Cup (P) (8 g) Colby Jack Cheese (D)(0g)
Grain	Cinnamon Toast Crunch Bowl (S,W)(22g)				Cinnamon Crisps (D,S,W)(25g)
Fruit or Veg 1/2 cup	Dried Cranberries with Seeds (39g)	Strawberry Banana Swirl Juice (13g)	Apple Slices (8g)	Mango Swirl Juice (13g)	Applesauce cup (14g)
Cond					
Utensils	spoon				spoon
total items:	4	3	2	2	5
Items provided by site:					
Veg (1/2 c)	Baby Carrots (4g)	Baby Carrots (4g)	Baby Carrots (4g)	Baby Carrots (4g)	Baby Carrots (4g)
Milk (8 oz)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)
Condiments	Ranch (D,E,W)	Ranch (D,E,W)	Ranch (D,E,W), mayo, mustard	Ranch (D,E,W)	Ranch (D,E,W)
<small>servicing day</small>	1	2	3	4	5
March 4-8	Cinnamon Chex & Yogurt & Seeds & Dried Cranberries	Smuckers PB&J, String Cheese, & Juice Kit	Eggo Mini Pancake Dippers, Hard Boiled Egg, & Strawberry Fruit Cup	Kelloggs Crunch Mania, Vanilla Yogurt, & Cheese	Turkey & Colby Jack Cheese with Jalapeno Cheese Puffs & Craisins
Recipe #		S15204			
M/MA (2 oz)	Strawberry Yoplait Go Big Yogurt tube (D) (18g)	Smuckers PB&J (P,W)(34g) & String Cheese (D)(1g)	Hardboiled Egg (E)(1g)	4 oz vanilla yogurt (D)(20g) String Cheese (D)(1g)	1 Turkey Stick (0 g) Colby Jack Cheese (D)(0g)
Grain	Cinnamon Chex Bowl (23g)		Mini Pancakes (D,E,S,W)(34g)	Crunch Mania (D,S,W)(37 g)	Jalapeno Cheese Puffs (D)(15 g)
Fruit or Veg 1/2 cup	Dried Cranberries with Seeds (39g)	Strawberry Banana Swirl Juice (13g)	Strawberry Fruit Cup (none) (22g)	Craisins (28 g)	Fresh Fruit (12g)
Cond					
Utensils	spoon		spoon	spoon	
total items:	3	3	5	5	4
Items provided by site:					
Veg (1/2 c)	Baby Carrots (4g)	Baby Carrots (4g)	Baby Carrots (4g)	Baby Carrots (4g)	Baby Carrots (4g)
Milk (8 oz)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)
Condiments	Ranch (D,E,W)	Ranch (D,E,W)	Syrup	Ranch (D,E,W)	Ranch (D,E,W)
<small>servicing day</small>	6	7	8	9	10
March 11 - 15	Cinnamon Toast Crunch & Yogurt & Seeds & Dried Cranberries	Smuckers PB&J, String Cheese, & Juice Kit	Turkey Ham Croissant Sandwich with Sliced Apples	Giant Chicken Dipper with Ranch Cup & Fresh Fruit	Peanutbutter Cup, Colby Jack Cheese, & Mini Bagel & Applesauce cup
Recipe #	S13237	S15204	S15834		
M/MA (2 oz)	Strawberry Yoplait Go Big Yogurt tube (D) (18g)	Smuckers PB&J (P,W)(34g) & String Cheese (D)(1g)	Turkey Ham & Cheese Croissant Sandwich (D,S,W) (35g)	Breaded Chicken Fillet (D,W) (16g)	Peanutbutter Cup (P) (8 g) Colby Jack Cheese (D)(0g)
Grain	Cinnamon Toast Crunch Bowl (S, W)(22g)				Mini Bagel (W)(15 g)
Fruit or Veg 1/2 cup	Dried Cranberries with Seeds (39g)	Strawberry Banana Swirl Juice (13g)	Dried Apple Chips (10g) NEW!!!	Mango Swirl Juice (13g)	Applesauce cup (14g)
Cond				Ranch cup (D,E,W)(2g)	
Utensils	spoon				spoon
total items:	5	3	2	3	5
Items provided by site:					
Veg (1/2 c)	Baby Carrots (4g)	Baby Carrots (4g)	Baby Carrots (4g)	Baby Carrots (4g)	Baby Carrots (4g)
Milk (8 oz)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)
Condiments	Ranch (D,E,W)	Ranch (D,E,W)	Ranch (D,E,W), mayo, mustard	Ranch (D,E,W)	Ranch (D,E,W)
<small>servicing day</small>	11	12	13	14	15

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 18 - 22	Frosted Mini Wheats & Yogurt & Seeds & Dried Cranberries	Smuckers PB&J, String Cheese, & Juice Kit	Kelloggs Crunch Mania, Vanilla Yogurt, & Cheese	Cinnamon Crisps, Vanilla Yogurt, String Cheese, & Mango Swirl	Tuna Cup, Wheat Crackers, & Apple Chips
Recipe #	S15369	S15204			
M/MA (2 oz)	Strawberry Yoplait Go Big Yogurt tube (D) (18g)	Smuckers PB&J (P,W)(34g) & String Cheese (D)(1g)	4 oz vanilla yogurt (D)(20g) Cheddar Cubes (D)(0g)	4 oz vanilla yogurt (D)(20g) String Cheese (D)(1g)	Tuna cup (F,S)(0g)
Grain	Cinnamon Toast Crunch Bowl (S,W)(22g)		Crunch Mania (D,S,W)(37 g)	Cinnamon Crisps (D,S,W)(25g)	Wheat Crackers 14g(D,W)
Fruit or Veg 1/2 cup	Dried Cranberries with Seeds (39g)	Strawberry Banana Swirl Juice (13g)	Craisins (28 g)	Mango Swirl Juice (13g)	Dried Apple Chips (10g) NEW!!!
Cond					Mayo (E,S)(1g)
Utensils	spoon		spoon	spoon	fork
total items:	4	3	5	5	5
Items provided by site:					
Veg (1/2 c)	Baby Carrots (4g)	Baby Carrots (4g)	Baby Carrots (4g)	Baby Carrots (4g)	Baby Carrots (4g)
Milk (8 oz)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)
Condiments	Ranch (D,E,W)	Ranch (D,E,W)	Ranch (D,E,W)	Ranch (D,E,W)	Ranch (D,E,W)
<small>servicing day</small>	<small>16</small>	<small>17</small>	<small>18</small>	<small>19</small>	<small>20</small>

March 25-29 **SPRING BREAK!!!**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 1 - 5	Cinnamon Chex & Yogurt & Seeds & Dried Cranberries	Smuckers PB&J, String Cheese, & Juice Kit	Eggo Mini Pancake Dippers, Hard Boiled Egg, & Strawberry Fruit Cup	Kelloggs Crunch Mania, Vanilla Yogurt, & Cheese	Peanutbutter Cup, Colby Jack Cheese, & Nature Valley Crisps & Applesauce cup
Recipe #		S15204			
M/MA (2 oz)	Strawberry Yoplait Go Big Yogurt tube (D) (18g)	Smuckers PB&J (P,W)(34g) & String Cheese (D)(1g)	Hardboiled Egg (E)(1g)	4 oz vanilla yogurt (D)(20g) String Cheese (D)(1g)	Peanutbutter Cup (P) (8 g) Colby Jack Cheese (D)(0g)
Grain	Cinnamon Chex Bowl (23g)		Mini Pancakes (D,E,S,W)(34g)	Crunch Mania (D,S,W)(37 g)	Nature Valley Crisps (W)(15 g)
Fruit or Veg 1/2 cup	Dried Cranberries with Seeds (39g)	Strawberry Banana Swirl Juice (13g)	Strawberry Fruit Cup (none) (22g)	Craisins (28 g)	Applesauce cup (14g)
Cond					
Utensils	spoon		spoon	spoon	spoon
total items:	3	3	5	5	5
Items provided by site:					
Veg (1/2 c)	Baby Carrots (4g)	Baby Carrots (4g)	Baby Carrots (4g)	Baby Carrots (4g)	Baby Carrots (4g)
Milk (8 oz)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)	1% white (D)(14g) & NF choc (D)(22g)
Condiments	Ranch (D,E,W)	Ranch (D,E,W)	Syrup	Ranch (D,E,W)	Ranch (D,E,W)
<small>servicing day</small>	<small>21</small>	<small>22</small>	<small>23</small>	<small>24</small>	<small>25</small>