

WaveCrest Café Supper Meals

April 2019

Students will receive a meal kit and can choose to have an 8 oz milk and 4 oz 100% juice or fruit.
Supper meals provide choice of 3/4 cup fruit/juice and/or vegetable, 8 oz milk, 1 oz whole grain, and 2 oz protein.

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------|-----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|
| April 1 - 5 | Cinnamon Chex Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk | Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk | Eggo Mini Pancake Dippers Hard Boiled Egg Strawberry Fruit Cups Baby Carrots Milk | Kellogg's CrunchMania Vanilla Yogurt & String Cheese Craisins Baby Carrots Milk" | Peanutbutter Cup & Nature Valley Cinnamon Crisps Colby Jack Cheese Stick Applesauce Cup Baby Carrots Milk |
| April 8 - 12 | Cinnamon Toast Crunch Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk | Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk | Turkey Ham & Cheese Croissant Sandwich Apple Chips Baby Carrots Milk | Giant Chicken Dipper with Ranch Mango Swirl Juice Baby Carrots Milk | Jennie-O Turkey Stick & Colby Cheese, Fresh Fruit, Jalapeno Cheese Puffs Baby Carrots Milk |
| April 15 - 19 | Frosted Mini Wheats Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk | Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk | Kellogg's CrunchMania Vanilla Yogurt & Cheddar Cubes Craisins Baby Carrots Milk | Jalapeno Cheese Puffs, Roasted Seeds & Colby Cheese Mango Swirl Juice Baby Carrots Milk | Tuna Cup & Wheat Crackers Apple Chips Baby Carrots Milk |
| April 22 - 26 | Cinnamon Chex Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk | Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk | Eggo Mini Pancake Dippers Hard Boiled Egg Strawberry Fruit Cups Baby Carrots Milk | Yummy Chillin' Pepperoni Pizza! Mango Swirl Juice Baby Carrots Milk | Peanutbutter Cup & Hartzels Colby Jack Cheese Stick Applesauce Cup Baby Carrots Milk |
| April 29 - May 3 | Cinnamon Toast Crunch Strawberry Yoplait Go Pro Honey Roasted Seeds & Fruit Baby Carrots Milk | Smuckers Uncrustables PB&J String Cheese Strawberry Banana Swirl Juice Baby Carrots Milk | Turkey Ham & Cheese Croissant Sandwich Apple Chips Baby Carrots Milk | Giant Chicken Dipper with Ranch Mango Swirl Juice Baby Carrots Milk | Jennie-O Turkey Stick & Colby Cheese, Fresh Fruit, Jalapeno Cheese Puffs Baby Carrots Milk |

Menu subject to change.

"This institution is an equal opportunity provider."

CONTAINS PEANUTS

Questions? Please contact us at (760) 726-2170 x92400

www.wavecrestcafe.com