



is coming to your classroom!

Link the cafeteria with your classroom by tasting and exploring the featured fruit or vegetable each month. **Harvest of the Month** supports you in teaching students to develop healthy eating and physical activity habits to last a lifetime!

Participating classrooms will get the following resources:

- **FREE tasting party** of the featured fruit/vegetable each month *
- **Electronic Educator Newsletters** full of classroom activities for K-12 (linked to the Common Core Standards)
- **Electronic Family newsletters** (English & Spanish) to send the message home
- **Electronic Student Workbooks for grades K-6** are available for select months & items and will be available at www.WaveCrestCafe.com under our Classroom Resources section.

***Classroom tasting parties:** the 1st week of each month your school cafeteria will have a supply of the featured fruit or vegetable for you to pick up and bring back to your classroom. The produce will be washed and uncut. Teacher must provide other tasting party supplies (i.e. knife, cutting board, napkins, etc.). You will receive email notification each month about the items and quantities available for pick up.

2017-2018 Featured Items Calendar

October – Tomatoes	February – Avocados
November – Grapes	March – Bok Choy
December – Kiwi	April – Cucumbers
January – Oranges	May – Strawberries

Sign up today for this exciting classroom experience, please email:

amyhaessly@vistausd.org

For more information about Harvest of the Month, please visit the website at:

www.harvestofthemonth.com