

# WaveCrest Café Supper Meals

May & June 2018

Students will receive a meal kit and can choose to have an 8 oz milk and 4 oz 100% juice or fruit.

Supper meals provide choice of 3/4 cup fruit/juice and/or vegetable, 8 oz milk, 1 oz whole grain, and 2 oz protein.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 30 - May 4	Cinnamon Chex Strawberry Yoplait Go Pro Honey Roasted Sunflower Seeds & Dried Cranberries Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Mango Swirl Juice Baby Carrots Milk	Cinnamon Elf Grahams Vanilla Yogurt & String Cheese Raspberry Dried Fruit Strip Baby Carrots Milk	Turkey & Cheese Crackers Apple Slices Baby Carrots Milk	Sunbutter Cup & Heartzels Colby Jack Cheese Stick Applesauce Cup Baby Carrots Milk
May 7 - 11	Cinnamon Toast Crunch Strawberry Yoplait Go Pro Honey Roasted Sunflower Seeds & Dried Cranberries Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Mango Swirl Juice Baby Carrots Milk	Eggo Mini Pancakes Vanilla Yogurt & String cheese Craisins Baby Carrots Milk	Ham & Cheese Cubes Cheez Its Crackers Apple Slices Baby Carrots Milk	Original Hummus & Tortilla Chips Salty Roasted Seeds Applesauce cup Baby Carrots Milk
May 14 - 18	Frosted Mini Wheats Strawberry Yoplait Go Pro Honey Roasted Sunflower Seeds & Dried Cranberries Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Juice Baby Carrots Milk	Nature Valley Cinnamon Crisps Vanilla Yogurt & String Cheese Raspberry Dried Fruit Strip Baby Carrots Milk	Giant Chicken Dipper with Ranch Apple Slices Baby Carrots Milk	Sunbutter Grape Sandwich Colby Jack Cheese Stick Applesauce cup Baby Carrots Milk
May 21-25	Cinnamon Chex Strawberry Yoplait Go Pro Sunflower Seeds Strawberry Dried Fruit Strip Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Juice Baby Carrots Milk	Turkey Ham & Cheese Croissant Craisins Baby Carrots Milk	Cheddar Cubes, Hard Boiled Egg, Cheez Its Crackers Apple Slices Baby Carrots Milk	Nature Valley Cinnamon Crisps Vanilla Yogurt & Roasted Seeds Applesauce cup Baby Carrots Milk
May 28 - June 1	HOLIDAY	Smuckers Uncrustables PB&J String Cheese Juice Baby Carrots Milk	Cinnamon Elf Grahams Vanilla Yogurt & String Cheese Raspberry Dried Fruit Strip Baby Carrots Milk	Turkey & Cheese Goldfish Crackers Apple Slices Baby Carrots Milk	Sunbutter Cup & Heartzels Colby Jack Cheese Stick Applesauce Cup Baby Carrots Milk
June 4 - 7	Frosted Mini Wheats Strawberry Yoplait Go Pro Honey Roasted Sunflower Seeds & Dried Cranberries Baby Carrots Milk	Smuckers Uncrustables PB&J String Cheese Juice Baby Carrots Milk	Eggo Mini Pancakes Vanilla Yogurt & String cheese Craisins Baby Carrots Milk	Tuna Cup & Tortilla Chips Apple Slices Baby Carrots Milk	

New Items!!!

Questions? Please contact us at (760) 726-2170 x92400

[www.wavecrestcafe.com](http://www.wavecrestcafe.com)

CONTAINS PEANUTS

Menu subject to change.

"This institution is an equal opportunity provider."